1  
00:00:00,800 --> 00:00:02,080  
好，各位同学们啊  
  
2  
00:00:02,280 --> 00:00:03,360  
非常开心  
  
3  
00:00:04,040 --> 00:00:06,840  
再一次呢，又跟大伙儿咱们齐聚一堂  
  
4  
00:00:07,000 --> 00:00:11,810  
接着聊我们的金匮要略咱们上一堂课的内容  
  
5  
00:00:12,130 --> 00:00:16,210  
那么把中风开了个头  
  
6  
00:00:16,920 --> 00:00:18,000  
那么中风之中呢  
  
7  
00:00:18,440 --> 00:00:22,610  
咱们上堂课讲了他的一个机理啊  
  
8  
00:00:22,650 --> 00:00:26,010  
以及呢，比较有代表性的两张方  
  
9  
00:00:26,420 --> 00:00:28,780  
以风邪为主的侯氏黑散  
  
10  
00:00:29,300 --> 00:00:31,940  
还有所谓烽火相植啊  
  
11  
00:00:31,940 --> 00:00:33,380  
那么风和火在一块  
  
12  
00:00:33,840 --> 00:00:34,720  
呃，怎么办  
  
13  
00:00:34,840 --> 00:00:36,280  
有一张风饮汤  
  
14  
00:00:36,880 --> 00:00:38,760  
那么上次讲的比较详细  
  
15  
00:00:39,080 --> 00:00:40,240  
今天不再赘述  
  
16  
00:00:40,950 --> 00:00:41,150  
呃  
  
17  
00:00:41,150 --> 00:00:41,990  
咱们今天呢  
  
18  
00:00:42,070 --> 00:00:46,100  
要把中风的后半部分啊，把它说完  
  
19  
00:00:46,580 --> 00:00:49,060  
外加一个力竭病啊  
  
20  
00:00:49,100 --> 00:00:49,820  
非常简单  
  
21  
00:00:49,820 --> 00:00:51,900  
就两张方，桂枝芍药知母汤  
  
22  
00:00:51,900 --> 00:00:53,180  
还有一个乌头汤啊  
  
23  
00:00:54,780 --> 00:00:57,400  
那么谈到中风  
  
24  
00:00:58,360 --> 00:00:58,560  
呃  
  
25  
00:00:58,600 --> 00:01:00,600  
咱们看看下头有一个汤证  
  
26  
00:01:00,960 --> 00:01:04,400  
这个汤证的名字呢，叫防己地黄汤  
  
27  
00:01:05,660 --> 00:01:06,300  
他这个呢  
  
28  
00:01:07,020 --> 00:01:09,540  
你看他的条文，讲这么一个问题  
  
29  
00:01:10,260 --> 00:01:11,380  
治病如什么呀  
  
30  
00:01:12,140 --> 00:01:14,080  
如狂啊  
  
31  
00:01:14,160 --> 00:01:15,400  
治病如狂状  
  
32  
00:01:16,990 --> 00:01:18,310  
那么什么是狂状呢  
  
33  
00:01:19,030 --> 00:01:20,270  
这个在伤寒论之中  
  
34  
00:01:20,910 --> 00:01:23,110  
那么你比如说106条  
  
35  
00:01:24,160 --> 00:01:25,760  
其人如狂啊  
  
36  
00:01:25,920 --> 00:01:26,920  
桃而成器，对吧  
  
37  
00:01:27,400 --> 00:01:28,400  
124条  
  
38  
00:01:29,450 --> 00:01:30,610  
其人发狂抵当  
  
39  
00:01:30,930 --> 00:01:33,450  
那么这些都是一个一种狂的状态  
  
40  
00:01:33,490 --> 00:01:34,730  
我们讲狂政嘛  
  
41  
00:01:35,130 --> 00:01:37,900  
所谓登高而歌，弃衣而走啊  
  
42  
00:01:38,380 --> 00:01:40,180  
这种状态，呃  
  
43  
00:01:40,540 --> 00:01:42,260  
读与不休啊  
  
44  
00:01:44,080 --> 00:01:46,040  
致病如狂妄，行啊  
  
45  
00:01:46,040 --> 00:01:48,000  
那么就是整整个是一个奔走的状态  
  
46  
00:01:48,320 --> 00:01:50,640  
那么这是一个比较偏阳性的啊  
  
47  
00:01:50,640 --> 00:01:51,280  
后头呢  
  
48  
00:01:51,530 --> 00:01:55,370  
读与不休，讲的就是呃一个这个人啊  
  
49  
00:01:55,370 --> 00:01:56,570  
他就自己跟自己聊天  
  
50  
00:01:57,050 --> 00:01:59,010  
然后不停，呃  
  
51  
00:01:59,090 --> 00:02:00,890  
无寒热，那么这个无寒热呢  
  
52  
00:02:01,130 --> 00:02:02,610  
主要讲的呢  
  
53  
00:02:03,190 --> 00:02:04,270  
这个我们大家都知道  
  
54  
00:02:04,550 --> 00:02:06,590  
他就是其实排除了一下啊  
  
55  
00:02:06,590 --> 00:02:09,350  
告诉你这个不是一个伤寒表邪啊  
  
56  
00:02:09,350 --> 00:02:12,310  
他纯属是一个内伤病，奇脉浮  
  
57  
00:02:12,550 --> 00:02:15,670  
那么这里头有一个比较重要的一个事啊  
  
58  
00:02:15,990 --> 00:02:17,790  
就是有浮脉浮代表什么呢  
  
59  
00:02:18,150 --> 00:02:19,670  
所谓浮为风，对吧  
  
60  
00:02:20,030 --> 00:02:20,790  
讲这个问题  
  
61  
00:02:21,190 --> 00:02:22,550  
浮为风，风就是外邪  
  
62  
00:02:22,910 --> 00:02:25,190  
因此这个呢，也归于中风之类  
  
63  
00:02:25,990 --> 00:02:28,910  
但是从这一个角度上来说啊  
  
64  
00:02:28,990 --> 00:02:31,720  
大家那我们就发现了一个问题  
  
65  
00:02:31,720 --> 00:02:34,620  
这个并不是我们现在临床上  
  
66  
00:02:34,620 --> 00:02:39,260  
我们经常讨论的所谓出血性中风的那个中风概念啊  
  
67  
00:02:39,620 --> 00:02:42,140  
它不是脑出血，包括脑出血后遗症  
  
68  
00:02:42,690 --> 00:02:46,690  
他呢更主要的表现为一种神志疾病啊  
  
69  
00:02:46,690 --> 00:02:50,170  
也就是我们所说的这个精神分裂啊  
  
70  
00:02:51,180 --> 00:02:52,780  
那么从这个原文来说  
  
71  
00:02:57,560 --> 00:03:01,080  
防己地黄汤啊，这个汤正  
  
72  
00:03:08,460 --> 00:03:09,140  
地黄汤  
  
73  
00:03:11,160 --> 00:03:12,760  
他的主证啊  
  
74  
00:03:13,800 --> 00:03:17,520  
那么在这就非常的明确了啊  
  
75  
00:03:17,640 --> 00:03:18,840  
非常的明确了  
  
76  
00:03:21,920 --> 00:03:26,200  
病如狂状  
  
77  
00:03:31,900 --> 00:03:32,980  
忘形啊  
  
78  
00:03:37,640 --> 00:03:38,840  
读与不休  
  
79  
00:03:46,140 --> 00:03:48,430  
那么就这三句话啊  
  
80  
00:03:48,750 --> 00:03:51,190  
就是他的核心的眼目啊  
  
81  
00:03:51,190 --> 00:03:51,830  
临正眼目  
  
82  
00:03:52,190 --> 00:03:53,910  
那么我们从今天来说呢  
  
83  
00:03:54,470 --> 00:03:54,750  
呃  
  
84  
00:03:55,290 --> 00:04:00,970  
主要就是相当于今天临床上的所谓精神分裂啊  
  
85  
00:04:00,970 --> 00:04:01,730  
精神分裂症  
  
86  
00:04:02,180 --> 00:04:03,340  
呃，所以这张方呢  
  
87  
00:04:03,340 --> 00:04:06,620  
实际上他原本就是一个治神志疾病的问题  
  
88  
00:04:06,980 --> 00:04:08,060  
当然今天临床上呢  
  
89  
00:04:08,060 --> 00:04:10,700  
也有好多我们临床称之为疫病  
  
90  
00:04:10,740 --> 00:04:11,060  
对吧  
  
91  
00:04:11,460 --> 00:04:14,620  
那么这个人呢，不一定是以狂症为表现形式  
  
92  
00:04:15,120 --> 00:04:17,200  
呃，他林林种种啊  
  
93  
00:04:17,240 --> 00:04:19,560  
或者是幻听幻视啊  
  
94  
00:04:19,640 --> 00:04:21,130  
妄想，呃  
  
95  
00:04:21,329 --> 00:04:23,130  
或者是那种沉默型的  
  
96  
00:04:23,890 --> 00:04:26,010  
这个这个精神类疾病的症状  
  
97  
00:04:26,610 --> 00:04:29,690  
呃，那么都可以归入此列啊  
  
98  
00:04:29,730 --> 00:04:30,770  
都可以归入此列  
  
99  
00:04:31,360 --> 00:04:36,680  
那么这个所谓精神疾病的病因病机啊是怎么回事呢  
  
100  
00:04:36,680 --> 00:04:41,700  
实际上这个我们还得借重于内经的理论啊  
  
101  
00:04:41,860 --> 00:04:42,460  
素问呢  
  
102  
00:04:42,620 --> 00:04:44,900  
调经论中间说过一句话  
  
103  
00:04:46,080 --> 00:04:49,720  
血病于阴气，并于阳故  
  
104  
00:04:49,720 --> 00:04:51,320  
为什么故为惊慌啊  
  
105  
00:04:51,520 --> 00:04:54,730  
他说过这么一个一句话啊  
  
106  
00:04:55,450 --> 00:04:57,970  
这是素问的这个调经论说的啊  
  
107  
00:05:01,560 --> 00:05:02,200  
那么血  
  
108  
00:05:03,560 --> 00:05:07,350  
他讲病于阴气并于阳  
  
109  
00:05:09,910 --> 00:05:10,750  
什么意思啊  
  
110  
00:05:13,200 --> 00:05:16,120  
其实我在学中医基础理论的时候  
  
111  
00:05:16,120 --> 00:05:17,080  
就我上学那会  
  
112  
00:05:17,080 --> 00:05:18,380  
儿，呃  
  
113  
00:05:18,940 --> 00:05:21,620  
当时呢，我们在上课啊  
  
114  
00:05:21,660 --> 00:05:24,340  
学中医基础学阴阳分类，对吧  
  
115  
00:05:24,460 --> 00:05:27,040  
那时候我们都讲过，气呢  
  
116  
00:05:27,080 --> 00:05:27,760  
是属阳  
  
117  
00:05:28,720 --> 00:05:30,900  
血是属阴啊  
  
118  
00:05:31,020 --> 00:05:32,300  
气是属阳，血是属阴  
  
119  
00:05:32,300 --> 00:05:32,940  
那分类嘛  
  
120  
00:05:33,060 --> 00:05:35,180  
那么寒是阳还是阴对吧  
  
121  
00:05:35,260 --> 00:05:36,180  
热是阳还是阴  
  
122  
00:05:36,580 --> 00:05:38,740  
呃，酸苦甘辛咸五味啊  
  
123  
00:05:38,820 --> 00:05:40,700  
各种东西各种颜色对吧  
  
124  
00:05:40,700 --> 00:05:42,340  
它都可以相对的分阴阳  
  
125  
00:05:42,780 --> 00:05:44,020  
那后来长大一点呢  
  
126  
00:05:44,020 --> 00:05:45,140  
才知道一个道理啊  
  
127  
00:05:45,140 --> 00:05:48,060  
阴阳不是说黑式音还是白式音  
  
128  
00:05:48,060 --> 00:05:49,580  
它都是相对啊  
  
129  
00:05:49,580 --> 00:05:50,300  
咱打一个比方  
  
130  
00:05:50,300 --> 00:05:51,980  
就像你在家里呢  
  
131  
00:05:52,420 --> 00:05:56,280  
那相对于你父亲来说，你是儿子对吧  
  
132  
00:05:56,600 --> 00:05:58,560  
那相对于你儿子来说，你又是父亲  
  
133  
00:05:58,880 --> 00:06:00,160  
那么这个东西都是相对的  
  
134  
00:06:00,160 --> 00:06:00,720  
没有绝对  
  
135  
00:06:00,880 --> 00:06:02,360  
那你到底是儿子还是父亲啊  
  
136  
00:06:02,600 --> 00:06:05,710  
那有很多人拽着这个东西跟我们中医的人掰扯  
  
137  
00:06:05,710 --> 00:06:07,670  
那你说这个，一会你又说是阳  
  
138  
00:06:07,670 --> 00:06:08,310  
一会说是阴  
  
139  
00:06:08,470 --> 00:06:09,510  
那他到底是谁  
  
140  
00:06:09,510 --> 00:06:10,950  
阴阳其实是个尺度  
  
141  
00:06:11,370 --> 00:06:12,370  
它是一个衡量标准  
  
142  
00:06:13,130 --> 00:06:14,690  
那么但是阴阴阳啊  
  
143  
00:06:14,690 --> 00:06:16,290  
我们以气血来划分的话  
  
144  
00:06:16,570 --> 00:06:17,730  
气确实是属阳  
  
145  
00:06:17,810 --> 00:06:18,970  
血确实是属阴  
  
146  
00:06:19,410 --> 00:06:20,570  
但是我刚刚呢  
  
147  
00:06:20,690 --> 00:06:23,680  
话说这得是呃，当年啊  
  
148  
00:06:23,680 --> 00:06:28,280  
05年刚刚呃拜入师父沈先生门下的时候啊  
  
149  
00:06:28,320 --> 00:06:31,280  
当时师傅就跟我讲说，实际上呢  
  
150  
00:06:31,800 --> 00:06:33,520  
气呢，在生理之中  
  
151  
00:06:33,680 --> 00:06:35,440  
那么是以阴为用的  
  
152  
00:06:36,260 --> 00:06:38,420  
那么血呢，本身是以阳为用的  
  
153  
00:06:38,420 --> 00:06:40,770  
当时我听完这个之后我就很懵，哦  
  
154  
00:06:40,770 --> 00:06:42,010  
我这是不对啊  
  
155  
00:06:42,010 --> 00:06:44,410  
这个我们上学的时候讲，气是属阳  
  
156  
00:06:44,410 --> 00:06:45,170  
血是属阴啊  
  
157  
00:06:45,600 --> 00:06:45,800  
哎  
  
158  
00:06:45,800 --> 00:06:47,560  
后来我长大了，我才明白  
  
159  
00:06:48,320 --> 00:06:48,520  
呃  
  
160  
00:06:49,000 --> 00:06:52,680  
按照正常的人类的风俗习惯  
  
161  
00:06:53,440 --> 00:06:56,040  
那么男人结婚就得找女人  
  
162  
00:06:57,080 --> 00:06:58,280  
反之一样啊  
  
163  
00:06:58,320 --> 00:06:59,840  
女人结婚也是要找男人  
  
164  
00:06:59,840 --> 00:07:00,800  
我们就说这个道理  
  
165  
00:07:01,080 --> 00:07:01,360  
呃  
  
166  
00:07:01,570 --> 00:07:04,570  
因为拿男人和女人啊比喻阴阳来说  
  
167  
00:07:04,610 --> 00:07:06,290  
大家很容易能理解对吧  
  
168  
00:07:06,290 --> 00:07:07,530  
有很多不理解的事  
  
169  
00:07:07,790 --> 00:07:10,310  
其实你想想夫妻之间阴阳的道理啊  
  
170  
00:07:10,710 --> 00:07:12,500  
一旦有问题，想不通  
  
171  
00:07:12,540 --> 00:07:13,540  
你就想想夫妻  
  
172  
00:07:14,140 --> 00:07:14,300  
那  
  
173  
00:07:14,300 --> 00:07:16,580  
这个呢，就很容易把它理解清楚了  
  
174  
00:07:16,900 --> 00:07:21,250  
所谓气并于阳血病因，这是一种病态  
  
175  
00:07:21,930 --> 00:07:24,610  
那反观常态应该是啥样呢  
  
176  
00:07:25,210 --> 00:07:27,810  
其实我们思考一下你就明白了  
  
177  
00:07:28,210 --> 00:07:29,170  
呃，气呢  
  
178  
00:07:29,670 --> 00:07:30,750  
它是属阳的  
  
179  
00:07:31,110 --> 00:07:34,550  
但是恰恰他是要以阴为用，打比方啊  
  
180  
00:07:34,590 --> 00:07:37,410  
比如说那个呃，人的所有的津液  
  
181  
00:07:37,810 --> 00:07:38,890  
那你如果没有气  
  
182  
00:07:39,010 --> 00:07:42,840  
这个津液是没有办法周留的啊  
  
183  
00:07:43,120 --> 00:07:46,310  
那么这个津液呢是没有办法推动的啊  
  
184  
00:07:46,350 --> 00:07:49,790  
同时呢，气得不到音乐的音的如润  
  
185  
00:07:50,470 --> 00:07:52,430  
那么气也会变得很躁动  
  
186  
00:07:53,240 --> 00:07:55,840  
反之，血和阳是要相为用的  
  
187  
00:07:56,640 --> 00:07:58,200  
那么血液之中没有阳气  
  
188  
00:07:58,240 --> 00:08:00,330  
则血液不能周流啊  
  
189  
00:08:00,370 --> 00:08:03,770  
所以谷麦谷麦觉里面讲，所谓气如驼月  
  
190  
00:08:04,210 --> 00:08:05,290  
驼月就是风箱嘛  
  
191  
00:08:05,650 --> 00:08:06,530  
血如波澜  
  
192  
00:08:06,730 --> 00:08:09,000  
那个血自己是因，呃  
  
193  
00:08:09,160 --> 00:08:09,840  
它动不了  
  
194  
00:08:09,840 --> 00:08:13,080  
它需要有阳阳气的温煦血才能动  
  
195  
00:08:14,160 --> 00:08:18,500  
因此在临床上如果雪中无氧，那么就会生病  
  
196  
00:08:19,060 --> 00:08:21,660  
打个比方，在我们未来妇人三篇之中  
  
197  
00:08:21,660 --> 00:08:23,380  
那么雪中无氧  
  
198  
00:08:23,920 --> 00:08:26,690  
那么我们就需要问津哈，对吧  
  
199  
00:08:27,410 --> 00:08:28,490  
呃，气呢  
  
200  
00:08:28,490 --> 00:08:31,250  
如果语音不合，不能相为用  
  
201  
00:08:31,290 --> 00:08:32,210  
反相为害  
  
202  
00:08:32,929 --> 00:08:34,890  
那么就有可能气就容易化燥  
  
203  
00:08:35,010 --> 00:08:35,330  
对吧  
  
204  
00:08:35,570 --> 00:08:36,960  
就伤阴，哎  
  
205  
00:08:36,960 --> 00:08:37,720  
这就很正常  
  
206  
00:08:37,720 --> 00:08:41,240  
就像两口子之间，男人是比较刚猛的  
  
207  
00:08:41,240 --> 00:08:41,520  
对吧  
  
208  
00:08:41,919 --> 00:08:46,340  
但是这个男人如果和女人夫妻之间不调和，这个刚猛  
  
209  
00:08:46,460 --> 00:08:48,460  
反之呢，就有可能变成伤害  
  
210  
00:08:48,940 --> 00:08:50,140  
我们讲这样一个道理  
  
211  
00:08:50,140 --> 00:08:52,260  
因此这个从落地的角度上来说  
  
212  
00:08:52,770 --> 00:08:55,290  
呃，比方说顽固性口腔溃疡  
  
213  
00:08:56,010 --> 00:08:56,930  
其实我们想想  
  
214  
00:08:56,970 --> 00:09:01,450  
他的病病机非常重要的一个原因就是气阴不和  
  
215  
00:09:02,350 --> 00:09:03,630  
气和阴不能相合  
  
216  
00:09:03,910 --> 00:09:05,390  
因此说气就化火  
  
217  
00:09:05,950 --> 00:09:09,430  
那为什么我们很多口腔溃疡可以用甘草泻心汤呢  
  
218  
00:09:10,080 --> 00:09:11,800  
那么其实道理就在于这对吧  
  
219  
00:09:12,160 --> 00:09:13,000  
那非常简单  
  
220  
00:09:13,440 --> 00:09:14,880  
呃，我师傅沈先生呢  
  
221  
00:09:14,880 --> 00:09:16,360  
还过去喜欢开玩笑  
  
222  
00:09:16,670 --> 00:09:18,910  
拿这个保胎丸治顽固性口腔溃疡  
  
223  
00:09:18,910 --> 00:09:19,110  
哎  
  
224  
00:09:19,110 --> 00:09:20,110  
效果非常好啊  
  
225  
00:09:20,320 --> 00:09:23,040  
但是有的人自己照猫画虎去学就不好用  
  
226  
00:09:23,120 --> 00:09:25,920  
那原因是因为你没看明白他前头的前提  
  
227  
00:09:26,320 --> 00:09:27,880  
他一定得是亲不和那种  
  
228  
00:09:28,240 --> 00:09:30,790  
那我们说这个女子怀人的时候  
  
229  
00:09:31,110 --> 00:09:35,030  
对胎儿的这个保胎的要求不就是得气阴相合吗  
  
230  
00:09:35,350 --> 00:09:38,330  
那个气得保护，因不能伤因  
  
231  
00:09:38,530 --> 00:09:42,850  
就如同男女之间这个这个组建家庭的这种状态  
  
232  
00:09:43,650 --> 00:09:44,730  
阳在外，阴在内  
  
233  
00:09:44,730 --> 00:09:45,050  
对吧  
  
234  
00:09:45,130 --> 00:09:47,290  
那阳痿阳与之首，阴雨之正  
  
235  
00:09:47,650 --> 00:09:51,970  
那么这个就是一个很合的非常和的状态啊  
  
236  
00:09:53,060 --> 00:09:53,980  
这种和的状态  
  
237  
00:09:54,380 --> 00:09:54,580  
呃  
  
238  
00:09:54,580 --> 00:09:57,460  
那么所以说这呢就发生了一个不合的问题  
  
239  
00:09:57,900 --> 00:09:59,340  
就是血呢  
  
240  
00:09:59,380 --> 00:10:02,250  
跟羊它俩之间不相为用了，对吧  
  
241  
00:10:02,910 --> 00:10:05,310  
气呢，也不跟阴互相为用了  
  
242  
00:10:06,030 --> 00:10:07,630  
于是乎他们怎么办啊  
  
243  
00:10:08,550 --> 00:10:09,550  
各回各家  
  
244  
00:10:11,020 --> 00:10:12,500  
各回各家，是这理吧  
  
245  
00:10:12,970 --> 00:10:14,650  
血呢，跑到阴那去了啊  
  
246  
00:10:14,770 --> 00:10:17,010  
一顿哭，就就好像两口子之间打架  
  
247  
00:10:17,370 --> 00:10:19,090  
那血本身属阴，气  
  
248  
00:10:19,090 --> 00:10:19,650  
本身属阳  
  
249  
00:10:19,650 --> 00:10:22,160  
但二者呢，要相互为用啊  
  
250  
00:10:22,320 --> 00:10:24,390  
血为阳之用啊  
  
251  
00:10:24,630 --> 00:10:25,430  
气为阴之用  
  
252  
00:10:25,670 --> 00:10:29,230  
但是结果俩人在新家庭里头过得不好  
  
253  
00:10:29,830 --> 00:10:31,550  
俩人一打架好了，各回各家  
  
254  
00:10:32,310 --> 00:10:34,030  
血回到阴那边了  
  
255  
00:10:34,070 --> 00:10:34,510  
对吧  
  
256  
00:10:35,070 --> 00:10:36,190  
气回到阳那边了  
  
257  
00:10:36,190 --> 00:10:39,190  
这个就是所谓血病于阴气并于阳  
  
258  
00:10:39,590 --> 00:10:41,670  
那么血病于阴气并于阳之后  
  
259  
00:10:42,590 --> 00:10:43,830  
我们讲这么一个问题  
  
260  
00:10:44,250 --> 00:10:44,450  
呃  
  
261  
00:10:44,490 --> 00:10:45,450  
这个人啊，就  
  
262  
00:10:45,450 --> 00:10:47,370  
会发生一些生理上的改变  
  
263  
00:10:47,690 --> 00:10:48,930  
比如说我们说心脏啊  
  
264  
00:10:49,010 --> 00:10:51,250  
心为五脏六腑之大肿大主  
  
265  
00:10:51,890 --> 00:10:53,730  
而且呢，心为什么脏呢  
  
266  
00:10:54,010 --> 00:10:55,810  
我们讲心为在五脏之中  
  
267  
00:10:56,290 --> 00:10:57,210  
它居于上焦  
  
268  
00:10:57,370 --> 00:10:58,330  
上焦为阳位  
  
269  
00:10:58,840 --> 00:11:00,880  
心肺同居，上焦肺为宰辅  
  
270  
00:11:01,200 --> 00:11:02,120  
心为君主  
  
271  
00:11:02,560 --> 00:11:03,800  
心又为阳中之阳  
  
272  
00:11:04,360 --> 00:11:05,520  
但是阳中之阳  
  
273  
00:11:06,230 --> 00:11:07,550  
心要以血为用  
  
274  
00:11:07,550 --> 00:11:08,230  
是这道理吧  
  
275  
00:11:08,590 --> 00:11:09,670  
我们叫心主血脉  
  
276  
00:11:09,670 --> 00:11:11,070  
你心不是以气为用的  
  
277  
00:11:11,470 --> 00:11:12,910  
你谁用心呼吸呀  
  
278  
00:11:13,430 --> 00:11:14,230  
没听说过吧  
  
279  
00:11:14,270 --> 00:11:16,630  
那心主呼吸，那心里头净空气  
  
280  
00:11:16,630 --> 00:11:18,630  
这人就就就得出问题了  
  
281  
00:11:19,180 --> 00:11:21,100  
就就临床上要出出危险了  
  
282  
00:11:22,540 --> 00:11:23,620  
得有栓塞了  
  
283  
00:11:24,560 --> 00:11:26,000  
心脏一定是以血为用  
  
284  
00:11:26,200 --> 00:11:28,640  
但是我们说此时此刻这个问题  
  
285  
00:11:29,320 --> 00:11:30,920  
呃，气和血啊  
  
286  
00:11:31,520 --> 00:11:33,240  
他俩各自不相为用  
  
287  
00:11:33,810 --> 00:11:35,490  
呃，那么就产生一个问题  
  
288  
00:11:35,490 --> 00:11:36,490  
这个这个时候呢  
  
289  
00:11:37,010 --> 00:11:40,290  
气就一定会归并于阳之后气就怎么办啊  
  
290  
00:11:40,640 --> 00:11:41,360  
就会化火  
  
291  
00:11:41,800 --> 00:11:42,440  
是这道理吧  
  
292  
00:11:42,440 --> 00:11:43,560  
就化热我们讲啊  
  
293  
00:11:43,640 --> 00:11:45,040  
非常简单一个道理，就发热  
  
294  
00:11:45,520 --> 00:11:46,120  
化热之后  
  
295  
00:11:46,480 --> 00:11:50,050  
那好了，我们讲这个辛为阳痿  
  
296  
00:11:50,690 --> 00:11:53,650  
那么气血没到心里，气跑心里去了吧  
  
297  
00:11:54,090 --> 00:11:55,010  
那各回各家了  
  
298  
00:11:55,450 --> 00:11:56,570  
那心脏受不了了  
  
299  
00:11:57,400 --> 00:11:58,480  
这个大家能明白了吗  
  
300  
00:11:58,480 --> 00:12:00,320  
就是以前心脏里头藏的是谁  
  
301  
00:12:00,320 --> 00:12:01,840  
是以谁为用，以血为用吧  
  
302  
00:12:02,360 --> 00:12:04,200  
但现在血归于阴了  
  
303  
00:12:05,340 --> 00:12:08,450  
血从心脏里撤走了啊  
  
304  
00:12:08,610 --> 00:12:10,050  
当然不是说心脏没有血啊  
  
305  
00:12:10,050 --> 00:12:13,770  
我们是从那个中医的那个气血的  
  
306  
00:12:14,470 --> 00:12:15,590  
这个法相的角度  
  
307  
00:12:15,590 --> 00:12:17,510  
你你去理解它就是心脏  
  
308  
00:12:17,630 --> 00:12:20,150  
虽然这个时候还在有造血  
  
309  
00:12:20,230 --> 00:12:21,190  
但是现在呢  
  
310  
00:12:21,870 --> 00:12:22,750  
很很吃力  
  
311  
00:12:23,110 --> 00:12:24,710  
雪不听他摆布了，对吧  
  
312  
00:12:25,110 --> 00:12:25,310  
哎  
  
313  
00:12:25,550 --> 00:12:26,750  
走了，回娘家了  
  
314  
00:12:27,310 --> 00:12:28,190  
谁回来了呢  
  
315  
00:12:28,630 --> 00:12:28,830  
哎  
  
316  
00:12:28,830 --> 00:12:31,820  
之前这个这个撵出去  
  
317  
00:12:31,820 --> 00:12:32,940  
这大儿子回来了  
  
318  
00:12:33,300 --> 00:12:34,180  
这个气回来了  
  
319  
00:12:34,180 --> 00:12:35,910  
气回来之后就化火啊  
  
320  
00:12:36,150 --> 00:12:37,390  
跟家长就干仗是吧  
  
321  
00:12:37,590 --> 00:12:42,040  
那画火之后，这个用两个非常简单的字就把它贯穿了  
  
322  
00:12:42,200 --> 00:12:44,120  
就是那个房杞地黄汤的核心  
  
323  
00:12:44,440 --> 00:12:45,160  
心热嘛  
  
324  
00:12:45,860 --> 00:12:46,460  
这什么问题  
  
325  
00:12:46,460 --> 00:12:47,060  
心热吗  
  
326  
00:12:47,100 --> 00:12:48,540  
心为什么心为君主之官  
  
327  
00:12:48,820 --> 00:12:49,980  
现在被热邪所扰  
  
328  
00:12:50,300 --> 00:12:51,420  
我们可以这样理解吧  
  
329  
00:12:51,910 --> 00:12:52,110  
哎  
  
330  
00:12:52,110 --> 00:12:52,910  
然后血液呢  
  
331  
00:12:52,910 --> 00:12:54,590  
又沉到下焦归于阴  
  
332  
00:12:55,070 --> 00:12:56,670  
那么人体之下焦为阴位  
  
333  
00:12:56,670 --> 00:12:57,670  
上焦为阳位吧  
  
334  
00:12:57,830 --> 00:12:59,750  
我们，我们可以这样定义啊  
  
335  
00:13:00,200 --> 00:13:01,040  
那么呃  
  
336  
00:13:01,160 --> 00:13:03,280  
血回到阴，胃气上升到阳位  
  
337  
00:13:03,720 --> 00:13:06,000  
这不就是一个天地痞的状态吗  
  
338  
00:13:06,440 --> 00:13:06,640  
啊  
  
339  
00:13:06,800 --> 00:13:08,120  
气向上而血向下  
  
340  
00:13:09,080 --> 00:13:11,000  
那么这种时候心必然化热  
  
341  
00:13:11,000 --> 00:13:12,000  
心化热之后好了  
  
342  
00:13:12,480 --> 00:13:15,640  
我们说心者除了它能主血脉  
  
343  
00:13:16,040 --> 00:13:18,160  
心还能主一个非常重要的问题  
  
344  
00:13:19,000 --> 00:13:20,640  
心主神明，没错吧  
  
345  
00:13:20,920 --> 00:13:23,760  
那么整个人的神明都是被他处置的  
  
346  
00:13:23,920 --> 00:13:25,400  
因此在这种状态之下  
  
347  
00:13:25,520 --> 00:13:28,550  
其人必然反映出一种状态  
  
348  
00:13:28,550 --> 00:13:31,870  
也就是刚才我们写在黑板上这几个字，什么状态啊  
  
349  
00:13:33,040 --> 00:13:35,680  
病如狂撞，是不是这道理啊  
  
350  
00:13:35,680 --> 00:13:37,200  
因为心神不能为主了嘛  
  
351  
00:13:37,200 --> 00:13:39,740  
被火气所扰，忘形啊  
  
352  
00:13:39,820 --> 00:13:40,300  
然后呢  
  
353  
00:13:40,820 --> 00:13:43,340  
呃，毒雨就自己一个人诶  
  
354  
00:13:43,580 --> 00:13:45,580  
面向墙头，自己跟自己唠嗑  
  
355  
00:13:46,120 --> 00:13:47,200  
呃，但是你看这人呢  
  
356  
00:13:47,200 --> 00:13:47,960  
还无寒热  
  
357  
00:13:48,400 --> 00:13:53,020  
那么是什么造成了这个血病于阳啊啊  
  
358  
00:13:53,020 --> 00:13:54,220  
血气病于阳  
  
359  
00:13:54,220 --> 00:13:55,500  
血病于阴的状态呢  
  
360  
00:13:56,300 --> 00:13:59,580  
其实这个核心我们说就一个字，风  
  
361  
00:14:00,890 --> 00:14:01,250  
风邪  
  
362  
00:14:01,330 --> 00:14:02,770  
我们讲这个，呃  
  
363  
00:14:02,970 --> 00:14:04,050  
正常的状态啊  
  
364  
00:14:04,610 --> 00:14:07,090  
天气呢，要比较温和  
  
365  
00:14:07,090 --> 00:14:08,130  
但是又要湿润  
  
366  
00:14:09,210 --> 00:14:12,090  
能比较凉爽，但是还不寒冷是吧  
  
367  
00:14:12,370 --> 00:14:14,610  
那这时天气比较和和的状态就阴和  
  
368  
00:14:14,610 --> 00:14:15,410  
阳是调和的  
  
369  
00:14:15,850 --> 00:14:17,930  
但是我们说大风来处啊  
  
370  
00:14:18,360 --> 00:14:22,290  
往往湿润之中有寒冷啊  
  
371  
00:14:22,850 --> 00:14:24,290  
那么在沙漠之中  
  
372  
00:14:25,640 --> 00:14:29,240  
那么燥热之中，它也不和煦嘛  
  
373  
00:14:29,400 --> 00:14:30,640  
我们讲风啊  
  
374  
00:14:31,190 --> 00:14:32,870  
这种狂风风太甚  
  
375  
00:14:33,230 --> 00:14:36,390  
它就能够造成人的气血怎么样呢  
  
376  
00:14:37,010 --> 00:14:38,010  
相脱离啊  
  
377  
00:14:38,050 --> 00:14:39,810  
相分离而不相保  
  
378  
00:14:39,930 --> 00:14:42,330  
不相合合的状态，气和血  
  
379  
00:14:42,330 --> 00:14:45,120  
它俩就被这个大风给吹开了  
  
380  
00:14:45,120 --> 00:14:48,000  
大家从这种形象的角度，呃  
  
381  
00:14:48,240 --> 00:14:49,720  
你能你能明白啊  
  
382  
00:14:49,720 --> 00:14:51,120  
就就这种风气之用  
  
383  
00:14:51,120 --> 00:14:52,560  
古人来说叫鼓荡，对吧  
  
384  
00:14:53,080 --> 00:14:56,360  
风气一鼓荡，就造成这个气血之间分开  
  
385  
00:14:56,360 --> 00:14:57,000  
各回各家  
  
386  
00:14:57,000 --> 00:14:57,600  
各找各妈  
  
387  
00:14:57,920 --> 00:15:00,680  
就像我们生活中有句常识，就那么句老话嘛  
  
388  
00:15:00,680 --> 00:15:03,040  
叫不怕没好事，就怕没好人是吧  
  
389  
00:15:03,360 --> 00:15:04,440  
中间碰上这么一人  
  
390  
00:15:04,440 --> 00:15:05,880  
在中间一一冒坏啊  
  
391  
00:15:05,880 --> 00:15:07,640  
好了，气血之间不过了  
  
392  
00:15:07,640 --> 00:15:09,200  
不过就不过各回各家啊  
  
393  
00:15:09,440 --> 00:15:11,880  
之后房及地黄汤症出现  
  
394  
00:15:12,380 --> 00:15:13,780  
那么因此从这个证上呢  
  
395  
00:15:13,780 --> 00:15:15,940  
我们说现在要解决这个问题啊  
  
396  
00:15:15,940 --> 00:15:18,140  
咱们该怎么办啊  
  
397  
00:15:18,180 --> 00:15:18,900  
该怎么办  
  
398  
00:15:19,900 --> 00:15:20,100  
呃  
  
399  
00:15:20,140 --> 00:15:21,940  
我个人啊，是这么理解的  
  
400  
00:15:22,780 --> 00:15:24,740  
那么现在的主要问题呢  
  
401  
00:15:24,740 --> 00:15:25,940  
大家看得见啊  
  
402  
00:15:26,100 --> 00:15:29,220  
那么我们说上焦为阳位对不对啊  
  
403  
00:15:29,880 --> 00:15:32,880  
那么下焦为阴胃，阳胃中呢  
  
404  
00:15:32,880 --> 00:15:34,680  
当有穴阴胃中  
  
405  
00:15:34,800 --> 00:15:37,390  
当有气气作用于阴，阴  
  
406  
00:15:37,390 --> 00:15:39,390  
才能上计，血作用于阳  
  
407  
00:15:39,750 --> 00:15:41,780  
阳才能下潜啊  
  
408  
00:15:42,140 --> 00:15:42,660  
然后呢  
  
409  
00:15:42,660 --> 00:15:45,610  
血上去之后，才能滋润于阳气下来呢  
  
410  
00:15:45,610 --> 00:15:46,650  
才能鼓动一阴  
  
411  
00:15:46,770 --> 00:15:48,730  
那么人这是一个阴阳合抱的  
  
412  
00:15:48,930 --> 00:15:50,450  
像一个阴阳鱼一样的状态  
  
413  
00:15:50,450 --> 00:15:51,130  
阴中有阳  
  
414  
00:15:51,130 --> 00:15:51,810  
阳中有阴  
  
415  
00:15:52,210 --> 00:15:54,440  
阴阳互相保抱，啊  
  
416  
00:15:54,440 --> 00:15:57,240  
这么一种在饱和之中啊  
  
417  
00:15:57,240 --> 00:15:58,080  
在饱和之中  
  
418  
00:15:58,800 --> 00:16:01,160  
时时刻刻能达到中和啊  
  
419  
00:16:01,160 --> 00:16:02,640  
这种太和之境是吧  
  
420  
00:16:02,880 --> 00:16:03,080  
哎  
  
421  
00:16:03,080 --> 00:16:04,560  
这种太和之镜，呃  
  
422  
00:16:04,560 --> 00:16:05,720  
但现在完全反了  
  
423  
00:16:05,720 --> 00:16:07,600  
上头呢是气，现在在上头  
  
424  
00:16:07,920 --> 00:16:08,720  
血在下头  
  
425  
00:16:09,180 --> 00:16:09,780  
所以说呢  
  
426  
00:16:10,060 --> 00:16:11,660  
气化火而鼓动  
  
427  
00:16:11,740 --> 00:16:14,340  
最后造成了心热啊  
  
428  
00:16:15,000 --> 00:16:15,600  
心热呢  
  
429  
00:16:15,640 --> 00:16:17,080  
心则不不主神明吧  
  
430  
00:16:17,520 --> 00:16:19,560  
而且这个造成这个的原因  
  
431  
00:16:20,480 --> 00:16:22,080  
那么归结一个字，封  
  
432  
00:16:23,280 --> 00:16:27,240  
因此，我们把防己地黄汤归到中风力结篇  
  
433  
00:16:27,720 --> 00:16:28,600  
而且是中风  
  
434  
00:16:28,640 --> 00:16:30,200  
非常明确告诉你这是中风  
  
435  
00:16:30,720 --> 00:16:35,660  
引起了后世很多医家也对这个呢有所呃疑惑  
  
436  
00:16:35,660 --> 00:16:39,270  
有所争议，就觉得这个跟我们尤其当代吧  
  
437  
00:16:39,270 --> 00:16:41,790  
我们很多人认为说这个中风还用这个方吗  
  
438  
00:16:42,030 --> 00:16:44,590  
其实你从这个角度一看，古人讲啊  
  
439  
00:16:44,590 --> 00:16:46,950  
只告诉你在天成象，在地成形  
  
440  
00:16:47,560 --> 00:16:49,320  
他就给你讲一个大的象思维  
  
441  
00:16:49,400 --> 00:16:52,120  
至于这个东西，它你怎么去后天去理解  
  
442  
00:16:52,280 --> 00:16:54,200  
古人是不考虑这个问题的  
  
443  
00:16:54,480 --> 00:16:55,560  
那从根源上来讲  
  
444  
00:16:55,560 --> 00:16:57,080  
我们从治未病的角度来讲  
  
445  
00:16:57,440 --> 00:16:58,920  
那么病因什么是胃病  
  
446  
00:16:58,920 --> 00:16:59,840  
胃病就是病因吧  
  
447  
00:17:00,120 --> 00:17:01,690  
病因就是风啊  
  
448  
00:17:02,090 --> 00:17:02,930  
因此这个时候  
  
449  
00:17:02,930 --> 00:17:08,390  
我们要解决这种新阳独滞于上的这种状态  
  
450  
00:17:09,230 --> 00:17:10,190  
要怎么办呢  
  
451  
00:17:10,869 --> 00:17:11,069  
啊  
  
452  
00:17:11,349 --> 00:17:12,069  
非常简单  
  
453  
00:17:12,069 --> 00:17:13,510  
那么首先我们得把风  
  
454  
00:17:13,550 --> 00:17:16,710  
把它干掉就是你，你这个状态是由风引起来的吧  
  
455  
00:17:16,950 --> 00:17:17,869  
所以我们得治胃病  
  
456  
00:17:17,869 --> 00:17:18,950  
不要忘了这个问题  
  
457  
00:17:19,349 --> 00:17:20,349  
因此这个方呢  
  
458  
00:17:20,349 --> 00:17:22,630  
它的组成我们先做组成后说的用法啊  
  
459  
00:17:23,030 --> 00:17:26,230  
你可以看出来它的一个非常有意思的主线  
  
460  
00:17:26,270 --> 00:17:27,750  
它的组成是两条线  
  
461  
00:17:28,339 --> 00:17:33,220  
一条件呢，有桂枝甘草和二房桂枝甘草是干什么的  
  
462  
00:17:33,220 --> 00:17:34,300  
这个咱们太熟了  
  
463  
00:17:34,300 --> 00:17:35,990  
同学们，这个太熟了  
  
464  
00:17:36,350 --> 00:17:37,710  
桂枝甘草本身干什么呀  
  
465  
00:17:37,710 --> 00:17:39,630  
咱们伤寒论之中，大家还记得吧  
  
466  
00:17:39,900 --> 00:17:42,940  
第64条发汗过多，其人叉手自自冒心  
  
467  
00:17:43,260 --> 00:17:44,100  
心下郁郁  
  
468  
00:17:44,100 --> 00:17:44,260  
呃  
  
469  
00:17:44,260 --> 00:17:46,660  
心下积郁的按者，桂枝甘草汤主治是吧  
  
470  
00:17:46,980 --> 00:17:48,620  
那么后头有很多的那个方  
  
471  
00:17:48,840 --> 00:17:50,440  
凡是涉及到心阳不足  
  
472  
00:17:51,200 --> 00:17:51,640  
心阳不足  
  
473  
00:17:51,640 --> 00:17:54,580  
比他严重一点，就心神不能前脸了啊  
  
474  
00:17:54,660 --> 00:17:57,730  
所谓火逆下至因烧真烦燥者，桂枝怎么办  
  
475  
00:17:58,210 --> 00:17:59,730  
甘草龙骨牡蛎汤啊  
  
476  
00:18:00,010 --> 00:18:02,330  
桂枝加桂，那么都是从这块演化而来  
  
477  
00:18:02,530 --> 00:18:03,730  
桂枝甘草辛甘化阳  
  
478  
00:18:03,730 --> 00:18:05,610  
就是一个补心气的一个魔法  
  
479  
00:18:06,160 --> 00:18:09,000  
因此你看到它桂枝甘草同用，一定是补锌啊  
  
480  
00:18:09,440 --> 00:18:10,360  
与此同时呢  
  
481  
00:18:11,560 --> 00:18:12,760  
这个要把心气稳住  
  
482  
00:18:12,800 --> 00:18:15,600  
是不是桂枝甘草要把心气稳住  
  
483  
00:18:15,640 --> 00:18:16,200  
这是桂草  
  
484  
00:18:17,120 --> 00:18:18,320  
与此同时有二房  
  
485  
00:18:20,980 --> 00:18:23,460  
只有简简写啊，二房二房都是谁啊  
  
486  
00:18:24,260 --> 00:18:25,220  
防风和防己  
  
487  
00:18:26,060 --> 00:18:26,980  
我说过这个问题吧  
  
488  
00:18:26,980 --> 00:18:29,340  
防风本身古人讲这个这个  
  
489  
00:18:30,380 --> 00:18:30,580  
呃  
  
490  
00:18:31,140 --> 00:18:33,540  
防风本身就是主主大风嘛，对吧  
  
491  
00:18:34,020 --> 00:18:34,900  
哎，主大风嘛  
  
492  
00:18:35,540 --> 00:18:35,820  
呃  
  
493  
00:18:36,480 --> 00:18:38,200  
那么它的名字就顾名思义啊  
  
494  
00:18:38,200 --> 00:18:41,040  
本身就是能镇这个甘风之变的啊  
  
495  
00:18:41,040 --> 00:18:42,570  
治风气之变，呃  
  
496  
00:18:42,570 --> 00:18:43,050  
房脊呢  
  
497  
00:18:43,050 --> 00:18:45,490  
我们讲过他的文如车轮啊  
  
498  
00:18:45,530 --> 00:18:46,250  
人如服凑  
  
499  
00:18:46,730 --> 00:18:48,910  
象征这个，那我我说了  
  
500  
00:18:48,910 --> 00:18:50,990  
长得特别像电扇，这种东西都有  
  
501  
00:18:51,350 --> 00:18:52,590  
都有扇风的作用吗  
  
502  
00:18:52,870 --> 00:18:54,270  
那都有通气的作用啊  
  
503  
00:18:54,270 --> 00:18:55,350  
你看，呃  
  
504  
00:18:56,110 --> 00:18:58,280  
这个就是我们人类啊  
  
505  
00:18:58,760 --> 00:19:01,760  
取风你也得遵照大自然去效法这个形状  
  
506  
00:19:02,160 --> 00:19:03,560  
才能把风造出来啊  
  
507  
00:19:03,560 --> 00:19:05,640  
就说这个非常有意思的现象  
  
508  
00:19:06,010 --> 00:19:06,210  
呃  
  
509  
00:19:06,290 --> 00:19:08,450  
那么植物之中通气的东西  
  
510  
00:19:08,450 --> 00:19:10,380  
它长得就像车轮一样啊  
  
511  
00:19:10,420 --> 00:19:11,420  
善于转动的东西  
  
512  
00:19:11,420 --> 00:19:13,580  
它结构一定是一定是这种结构啊  
  
513  
00:19:13,900 --> 00:19:15,220  
那房企业是这样的  
  
514  
00:19:15,540 --> 00:19:16,540  
因此二风呢  
  
515  
00:19:16,540 --> 00:19:19,960  
本身就是要把这个核心问题把它去掉  
  
516  
00:19:20,640 --> 00:19:22,000  
那么最关键最关键  
  
517  
00:19:22,000 --> 00:19:23,040  
现在就剩一个事了  
  
518  
00:19:23,040 --> 00:19:25,980  
心气稳住了，就是啊  
  
519  
00:19:26,220 --> 00:19:28,180  
回娘家还要离家出走对吧  
  
520  
00:19:28,180 --> 00:19:29,580  
先把她摁住，哈哈  
  
521  
00:19:29,820 --> 00:19:31,580  
先把心摁住你，你别再走了  
  
522  
00:19:31,580 --> 00:19:35,100  
一会儿就就这个这个亲友团就过来了啊  
  
523  
00:19:35,540 --> 00:19:36,540  
过来劝你啊  
  
524  
00:19:36,940 --> 00:19:39,100  
然后这个把那个坏蛋把他抓住是吧  
  
525  
00:19:39,340 --> 00:19:41,660  
二房把那个中间挑刺儿的抓住  
  
526  
00:19:42,170 --> 00:19:43,290  
最关键最关键  
  
527  
00:19:43,650 --> 00:19:45,690  
我们用了一个非常重要的药  
  
528  
00:19:45,690 --> 00:19:47,330  
用了一个什么地黄  
  
529  
00:19:49,330 --> 00:19:49,850  
什么地  
  
530  
00:19:50,870 --> 00:19:51,870  
你看特别有意思啊  
  
531  
00:19:52,390 --> 00:19:54,950  
它的原材料是生地是不是啊  
  
532  
00:19:55,430 --> 00:19:58,590  
但是它要加工，怎么加工呢  
  
533  
00:19:59,680 --> 00:20:03,720  
要征征了的生地咱们都知道  
  
534  
00:20:04,280 --> 00:20:05,600  
那不就是熟地吗  
  
535  
00:20:06,940 --> 00:20:10,220  
那有很多人就想说，这块仲景用手地  
  
536  
00:20:10,260 --> 00:20:12,900  
其实我认为你不能简单地这么看  
  
537  
00:20:13,740 --> 00:20:14,300  
你要知道  
  
538  
00:20:14,420 --> 00:20:16,380  
争这个过程啊，是一个什么状态  
  
539  
00:20:16,900 --> 00:20:19,020  
它象征火在水下  
  
540  
00:20:19,580 --> 00:20:21,100  
水火颠倒，水火既济啊  
  
541  
00:20:21,420 --> 00:20:23,590  
然后这个气呀  
  
542  
00:20:24,110 --> 00:20:27,510  
向上蒸腾上去的这个东西其实是水  
  
543  
00:20:28,360 --> 00:20:30,200  
那就是阴气上济之效  
  
544  
00:20:30,770 --> 00:20:31,530  
是这个道理吧  
  
545  
00:20:32,010 --> 00:20:33,290  
那么从这个角度  
  
546  
00:20:33,730 --> 00:20:37,450  
那么生地本身是利于这个阴分  
  
547  
00:20:37,910 --> 00:20:40,470  
那么精气火气值上升，达于阳分  
  
548  
00:20:40,750 --> 00:20:44,310  
那是不是象征血液上季上归于心的状态啊  
  
549  
00:20:44,600 --> 00:20:49,360  
那么就把这个心中毒热的状态怎么样，就把它解除了啊  
  
550  
00:20:49,360 --> 00:20:51,360  
就把心中毒热的状态解除了  
  
551  
00:20:51,720 --> 00:20:53,600  
呃，而且你细心的同学  
  
552  
00:20:53,600 --> 00:20:55,280  
你会发现一个非常有意思的现象  
  
553  
00:20:55,600 --> 00:20:57,360  
这个帝皇用了多少呢  
  
554  
00:20:59,360 --> 00:21:00,560  
二斤什么概念  
  
555  
00:21:01,800 --> 00:21:02,800  
哎，很好啊  
  
556  
00:21:03,000 --> 00:21:04,720  
这个这个我们都跟上节奏了  
  
557  
00:21:04,960 --> 00:21:06,560  
所谓地二生火  
  
558  
00:21:07,660 --> 00:21:09,220  
第二是一个火树  
  
559  
00:21:09,660 --> 00:21:14,100  
那么象征它的蒸腾之后去补充谁的这个亏虚啊  
  
560  
00:21:14,620 --> 00:21:16,220  
心血之亏是这道理吧  
  
561  
00:21:16,970 --> 00:21:19,970  
然后那几味药呢，你看剂量就少得可怜啊  
  
562  
00:21:20,010 --> 00:21:21,810  
都是一分三分是吧  
  
563  
00:21:22,110 --> 00:21:24,510  
呃，用清酒浸记住了吧  
  
564  
00:21:24,670 --> 00:21:29,030  
用清酒浸最后跟那个呃地黄的那个角汁，它俩堆到一块  
  
565  
00:21:29,270 --> 00:21:30,670  
象征什么阴阳和合  
  
566  
00:21:31,120 --> 00:21:32,110  
就是，呃  
  
567  
00:21:32,230 --> 00:21:33,870  
就像两口子打架，分开了之后  
  
568  
00:21:33,870 --> 00:21:34,870  
这边一伙人劝  
  
569  
00:21:34,870 --> 00:21:38,270  
这边一伙人劝，之后劝好了之后再再再把他俩再合到一块  
  
570  
00:21:38,550 --> 00:21:39,310  
是不是这道理啊  
  
571  
00:21:39,310 --> 00:21:42,190  
叫叫叫破镜重圆，哈哈  
  
572  
00:21:42,390 --> 00:21:45,350  
这个房脊黄地黄汤是一个破镜重圆之象  
  
573  
00:21:45,720 --> 00:21:45,920  
呃  
  
574  
00:21:46,080 --> 00:21:48,920  
那么酒呢，本身又能宣导心经啊  
  
575  
00:21:48,920 --> 00:21:51,800  
它本身是一个能行散的这么一个作用  
  
576  
00:21:52,150 --> 00:21:53,190  
呃，不主啊  
  
577  
00:21:53,550 --> 00:21:58,030  
取其气气这个这个生伏之象去驱他的那个风邪啊  
  
578  
00:21:58,030 --> 00:21:59,030  
把他风邪去掉  
  
579  
00:21:59,450 --> 00:22:00,530  
呃，所以这张方呢  
  
580  
00:22:00,570 --> 00:22:03,770  
它主要的剂量都是在地黄上啊  
  
581  
00:22:03,810 --> 00:22:05,010  
地黄的量比较大  
  
582  
00:22:05,460 --> 00:22:08,340  
呃，至于这个底下的这个一分三分啊  
  
583  
00:22:08,340 --> 00:22:10,140  
我给你稍稍解释一下  
  
584  
00:22:10,460 --> 00:22:14,310  
很多人说了说，这个防风真那么少吗  
  
585  
00:22:14,670 --> 00:22:16,110  
因为我们知道，呃  
  
586  
00:22:16,190 --> 00:22:17,750  
按清代的度量衡制  
  
587  
00:22:17,990 --> 00:22:19,910  
本身分是在前之下的  
  
588  
00:22:20,350 --> 00:22:23,450  
那更小，这个大家不要把它搞乱啊  
  
589  
00:22:23,450 --> 00:22:26,090  
在这我稍稍的呃，给大家说一下  
  
590  
00:22:26,560 --> 00:22:28,640  
我们伤寒论之中呢  
  
591  
00:22:28,640 --> 00:22:31,960  
用的度量衡制是汉代的神农秤  
  
592  
00:22:32,700 --> 00:22:35,500  
也就是鼓的这个这个度量衡制  
  
593  
00:22:35,820 --> 00:22:37,820  
那么神农秤有一个特点  
  
594  
00:22:38,220 --> 00:22:41,160  
它是仿造天气四时之变化  
  
595  
00:22:41,560 --> 00:22:42,720  
那么划分它的剂量  
  
596  
00:22:43,120 --> 00:22:45,320  
最简单的，那我们简简单说啊  
  
597  
00:22:45,590 --> 00:22:47,870  
那么一两，那么科学藩老呢  
  
598  
00:22:47,870 --> 00:22:50,510  
根据马王堆金炳考证为15.625  
  
599  
00:22:50,830 --> 00:22:51,630  
那后来呢  
  
600  
00:22:51,630 --> 00:22:54,390  
根据这个不断的考证的推进  
  
601  
00:22:54,470 --> 00:22:58,950  
现在最新的这个研究结果认为是13.8  
  
602  
00:22:59,310 --> 00:23:01,750  
其实就是差不多就是14克左右，对吧  
  
603  
00:23:02,070 --> 00:23:03,030  
我们可以这样理解  
  
604  
00:23:03,350 --> 00:23:04,590  
那么就是汉代的一两  
  
605  
00:23:05,030 --> 00:23:08,450  
那为啥跟外国的那个他没取整数  
  
606  
00:23:08,450 --> 00:23:09,410  
那很正常，对吧  
  
607  
00:23:09,530 --> 00:23:11,330  
那因为这是我们的称量体系  
  
608  
00:23:11,770 --> 00:23:14,170  
那么这个大概14克的就一两  
  
609  
00:23:14,580 --> 00:23:16,740  
它可以分成24株  
  
610  
00:23:17,580 --> 00:23:18,420  
大家明白了吧  
  
611  
00:23:18,740 --> 00:23:21,500  
以仿一年有24期  
  
612  
00:23:22,390 --> 00:23:24,150  
而这个24株  
  
613  
00:23:24,970 --> 00:23:27,170  
那么我再除以四就是四六  
  
614  
00:23:27,170 --> 00:23:30,410  
二十四六株相当于一两分成除以四嘛  
  
615  
00:23:30,410 --> 00:23:30,730  
对吧  
  
616  
00:23:31,370 --> 00:23:32,930  
那么就相当于一分  
  
617  
00:23:33,210 --> 00:23:34,370  
大家千万要记住  
  
618  
00:23:34,370 --> 00:23:38,610  
因此我们伤寒论里有大量的跟分有关的度量衡制  
  
619  
00:23:39,170 --> 00:23:42,620  
你可千万别以为是清代的那个一分  
  
620  
00:23:42,820 --> 00:23:44,500  
那用上啥用都没有，明白了吧  
  
621  
00:23:44,820 --> 00:23:46,420  
包括我们刮地伞什么的，对吧  
  
622  
00:23:46,700 --> 00:23:50,030  
都有这个按分去用的这个度量衡制  
  
623  
00:23:50,350 --> 00:23:51,710  
这是汉代的古制啊  
  
624  
00:23:51,710 --> 00:23:52,910  
这个大家一定要清楚  
  
625  
00:23:53,620 --> 00:23:55,980  
呃，那么关于这张防己地黄汤呢  
  
626  
00:23:56,020 --> 00:23:58,300  
我就给大家说这些啊  
  
627  
00:23:58,420 --> 00:24:00,380  
不再过多的赘述  
  
628  
00:24:01,020 --> 00:24:04,510  
呃它的用法取向啊  
  
629  
00:24:04,510 --> 00:24:05,830  
那给大家都说清了  
  
630  
00:24:05,830 --> 00:24:06,390  
关于病机  
  
631  
00:24:06,430 --> 00:24:09,070  
无非是一个最核心的问题，就是心热  
  
632  
00:24:09,510 --> 00:24:10,470  
心怎么热的啊  
  
633  
00:24:10,590 --> 00:24:12,700  
是由于血病于阴  
  
634  
00:24:12,860 --> 00:24:13,500  
气病于阳  
  
635  
00:24:13,620 --> 00:24:15,100  
那么气血不能相交态  
  
636  
00:24:15,500 --> 00:24:17,420  
那么什么原因导致气血不能相交  
  
637  
00:24:17,420 --> 00:24:18,540  
太无非一个字  
  
638  
00:24:18,580 --> 00:24:19,910  
风邪，对吧  
  
639  
00:24:19,950 --> 00:24:21,710  
风之鼓荡造成这个问题  
  
640  
00:24:22,030 --> 00:24:25,710  
呃，因此用防己地黄汤和去其风邪之后  
  
641  
00:24:26,890 --> 00:24:28,690  
转体成态，调和阴阳啊  
  
642  
00:24:29,050 --> 00:24:30,090  
使天地气交  
  
643  
00:24:30,560 --> 00:24:30,760  
呃  
  
644  
00:24:30,760 --> 00:24:32,560  
那么这个方式，实际上我们在临床上  
  
645  
00:24:32,800 --> 00:24:36,760  
呃可以广泛的应用于这种狂躁型的  
  
646  
00:24:37,490 --> 00:24:38,570  
呃精神分裂症  
  
647  
00:24:38,810 --> 00:24:39,250  
当然了  
  
648  
00:24:39,250 --> 00:24:40,330  
狂躁型精神分裂症  
  
649  
00:24:40,330 --> 00:24:42,290  
其实我们临床中结合伤寒金匮  
  
650  
00:24:42,290 --> 00:24:43,690  
我们有很多种方法啊  
  
651  
00:24:44,250 --> 00:24:44,450  
呃  
  
652  
00:24:45,010 --> 00:24:47,790  
比方，偏寒症的这种啊  
  
653  
00:24:48,350 --> 00:24:53,260  
又有痰火瘀滞的，这个桂枝去芍加暑期牡蛎龙骨救逆汤啊  
  
654  
00:24:53,260 --> 00:24:56,460  
比如说这个胃里呢，有热的啊  
  
655  
00:24:56,460 --> 00:24:59,420  
这种我们遇到非常多带黄黄连泻心汤  
  
656  
00:24:59,460 --> 00:24:59,820  
对吧  
  
657  
00:25:00,190 --> 00:25:00,710  
特别多  
  
658  
00:25:00,990 --> 00:25:04,110  
包括邵阳书记不利的柴胡加龙母等啊  
  
659  
00:25:04,350 --> 00:25:06,810  
总之中医的呃用法非常多  
  
660  
00:25:07,130 --> 00:25:08,410  
甚至是三阴疾病  
  
661  
00:25:08,490 --> 00:25:10,130  
少阴疾病啊，我经常喜欢  
  
662  
00:25:10,290 --> 00:25:14,530  
这是我个人比较喜欢用一张方啊啊，茯苓四逆汤啊  
  
663  
00:25:14,530 --> 00:25:17,050  
这是咱们伤寒论的方子，都很好用啊  
  
664  
00:25:17,050 --> 00:25:18,210  
在临床上都很好用  
  
665  
00:25:18,700 --> 00:25:20,020  
呃，关于这个呢  
  
666  
00:25:20,060 --> 00:25:25,730  
我个人认为中医对治精神神经类疾病技高一筹啊  
  
667  
00:25:25,730 --> 00:25:26,530  
真的是技高一筹  
  
668  
00:25:26,530 --> 00:25:27,530  
因为我们这个呢  
  
669  
00:25:27,890 --> 00:25:30,890  
呃，我不认为你一直要依赖于镇静剂  
  
670  
00:25:32,020 --> 00:25:34,580  
这个等于叫什么  
  
671  
00:25:34,580 --> 00:25:37,180  
我不认为这个是真正意义上的治疗  
  
672  
00:25:37,800 --> 00:25:40,880  
这个只能说呢，在维持是这个道理吧  
  
673  
00:25:41,160 --> 00:25:42,040  
治疗指的是什么  
  
674  
00:25:42,040 --> 00:25:43,440  
就是我们治好了之后呢  
  
675  
00:25:43,840 --> 00:25:45,920  
这人就彻底好了，就没事了  
  
676  
00:25:45,920 --> 00:25:48,000  
这种案例在我们门诊非常多啊  
  
677  
00:25:48,000 --> 00:25:49,360  
非常多，呃  
  
678  
00:25:49,640 --> 00:25:51,800  
我过去治这个更多一些  
  
679  
00:25:51,840 --> 00:25:52,760  
但是由于吧  
  
680  
00:25:52,760 --> 00:25:58,560  
本身这个这一类的疾病的患者家庭也都往往呃  
  
681  
00:25:59,940 --> 00:26:01,820  
也都很很很很不容易啊  
  
682  
00:26:01,820 --> 00:26:02,460  
说句实话  
  
683  
00:26:02,940 --> 00:26:07,920  
呃，有的时候他就诊条件也并不是那么好啊  
  
684  
00:26:07,960 --> 00:26:10,920  
所以有的时候现在渐渐这种患者不多啊  
  
685  
00:26:10,920 --> 00:26:11,360  
也有  
  
686  
00:26:11,480 --> 00:26:12,200  
但是不多  
  
687  
00:26:13,110 --> 00:26:16,630  
呃，有的时候这个呃比较比较麻烦吧  
  
688  
00:26:16,990 --> 00:26:17,790  
确实比较麻烦  
  
689  
00:26:17,790 --> 00:26:20,030  
我们之前说的百合地黄汤也能治啊  
  
690  
00:26:20,030 --> 00:26:22,050  
也能治这个病，呃  
  
691  
00:26:22,650 --> 00:26:25,810  
在咱们门诊实际上还是多见狂症  
  
692  
00:26:27,040 --> 00:26:27,960  
包括疫病啊  
  
693  
00:26:28,200 --> 00:26:29,040  
这个有机会吧  
  
694  
00:26:29,040 --> 00:26:30,680  
我们分享到相应的这个章节  
  
695  
00:26:30,680 --> 00:26:33,600  
可以给大家多分享一些具体的案例  
  
696  
00:26:33,600 --> 00:26:34,280  
很有意思啊  
  
697  
00:26:34,320 --> 00:26:37,610  
之前讲伤寒的时候我给大家讲的多对吧  
  
698  
00:26:37,890 --> 00:26:42,350  
因为那个咱们呃聊的比较细一点啊  
  
699  
00:26:42,350 --> 00:26:43,590  
很多东西也很系统  
  
700  
00:26:44,160 --> 00:26:45,800  
关于这个呢，就是一个心热  
  
701  
00:26:45,840 --> 00:26:46,080  
你把  
  
702  
00:26:46,080 --> 00:26:47,560  
这个抓住就行了啊  
  
703  
00:26:47,640 --> 00:26:48,400  
抓住就行了  
  
704  
00:26:48,400 --> 00:26:49,560  
他很多方式都是通的  
  
705  
00:26:49,840 --> 00:26:52,000  
你看这个是用地黄去滋心阴  
  
706  
00:26:52,330 --> 00:26:55,930  
但是你说我要直接用大黄黄连去阴汤泻心汤去心火，行不行呢  
  
707  
00:26:56,090 --> 00:26:56,650  
也行啊  
  
708  
00:26:56,970 --> 00:27:00,030  
我有很多时候治这种病是不见人的  
  
709  
00:27:00,030 --> 00:27:01,670  
就是患者呢，在外地对吧  
  
710  
00:27:01,670 --> 00:27:03,990  
他也没有条件你你你带到长春来啊  
  
711  
00:27:04,270 --> 00:27:07,370  
所以这个有很多时候我是直接呃，有一些朋友啊  
  
712  
00:27:07,370 --> 00:27:10,210  
当然这个这个呃，一般患者我也不敢这么弄  
  
713  
00:27:10,450 --> 00:27:12,330  
一些朋友家属实在没辙了  
  
714  
00:27:12,330 --> 00:27:15,170  
人家告诉你了，说这个西医现在也弄不了  
  
715  
00:27:15,560 --> 00:27:15,760  
呃  
  
716  
00:27:16,160 --> 00:27:19,040  
那就咱们直接给根据他大概状态给一张方  
  
717  
00:27:19,080 --> 00:27:20,800  
那很多时候效果也不错啊  
  
718  
00:27:22,220 --> 00:27:22,420  
呃  
  
719  
00:27:22,980 --> 00:27:27,790  
那么后头这块有一张方叫头风磨伞啊  
  
720  
00:27:28,190 --> 00:27:28,870  
头风磨伞  
  
721  
00:27:30,150 --> 00:27:31,230  
这是啥意思啊  
  
722  
00:27:31,310 --> 00:27:32,990  
非常简单，呃  
  
723  
00:27:34,430 --> 00:27:37,110  
附子和盐各等份  
  
724  
00:27:38,150 --> 00:27:38,790  
各等份啊  
  
725  
00:27:38,790 --> 00:27:40,790  
把它打碎了之后怎么着呢  
  
726  
00:27:40,790 --> 00:27:41,230  
你看啊  
  
727  
00:27:41,230 --> 00:27:43,230  
二为伞木了，就是洗完头  
  
728  
00:27:43,350 --> 00:27:44,390  
洗完头之后对吧  
  
729  
00:27:44,670 --> 00:27:46,790  
古人讲洗澡分为木和浴  
  
730  
00:27:47,120 --> 00:27:47,720  
沐是洗头  
  
731  
00:27:48,120 --> 00:27:48,760  
浴是洗澡  
  
732  
00:27:49,280 --> 00:27:54,360  
洗完头之后以方寸壁乙摩什么称上称是啥意思  
  
733  
00:27:54,360 --> 00:27:56,960  
那同学问我说称是称是哪啊  
  
734  
00:27:57,440 --> 00:28:00,080  
头皮还是哪儿，就是哪儿疼摸哪儿  
  
735  
00:28:00,450 --> 00:28:03,610  
这个就是用了一个非常省略的要法  
  
736  
00:28:03,690 --> 00:28:05,250  
那个那个那个叙述方式啊  
  
737  
00:28:05,250 --> 00:28:06,410  
就给你讲了一个事  
  
738  
00:28:06,850 --> 00:28:07,050  
呃  
  
739  
00:28:07,610 --> 00:28:12,070  
以形那个那个应令要例行啊  
  
740  
00:28:12,070 --> 00:28:12,710  
啥意思呢  
  
741  
00:28:12,710 --> 00:28:14,310  
就是过去人啊  
  
742  
00:28:14,590 --> 00:28:16,590  
有的时候条件不好，一变天  
  
743  
00:28:17,180 --> 00:28:18,700  
他比如说没戴帽子，对吧  
  
744  
00:28:18,780 --> 00:28:21,220  
古人有的时候他习惯戴帽子戴头巾  
  
745  
00:28:21,580 --> 00:28:23,500  
尤其你看我们东北啊  
  
746  
00:28:23,500 --> 00:28:25,700  
这几天天都凉了，树叶都黄了  
  
747  
00:28:26,070 --> 00:28:26,750  
呃，我也是  
  
748  
00:28:26,750 --> 00:28:28,390  
我前几天出门都戴帽子  
  
749  
00:28:28,390 --> 00:28:30,350  
昨天晚上下楼，诶  
  
750  
00:28:30,430 --> 00:28:31,110  
忘了戴了  
  
751  
00:28:31,350 --> 00:28:31,550  
诶  
  
752  
00:28:31,550 --> 00:28:32,790  
觉得有点凉啊  
  
753  
00:28:32,790 --> 00:28:34,270  
你就冷不丁就不适应  
  
754  
00:28:34,640 --> 00:28:36,120  
那么所谓虚邪贼风  
  
755  
00:28:36,200 --> 00:28:37,400  
那么你中了之后啊  
  
756  
00:28:37,400 --> 00:28:41,920  
有的时候头上他就会有这种过去的人叫头风病  
  
757  
00:28:42,000 --> 00:28:42,560  
对不对啊  
  
758  
00:28:42,760 --> 00:28:45,200  
那就是重寒中寒之后怎么办呢  
  
759  
00:28:45,560 --> 00:28:47,880  
那么你你说这个所谓  
  
760  
00:28:48,520 --> 00:28:50,780  
呃，这个就是中医的外治法  
  
761  
00:28:51,300 --> 00:28:51,900  
方便法  
  
762  
00:28:51,940 --> 00:28:53,140  
那就就这一块  
  
763  
00:28:53,140 --> 00:28:55,260  
比如太阳穴吹得疼啊  
  
764  
00:28:55,260 --> 00:28:56,820  
或者脑和顶后脑勺疼  
  
765  
00:28:57,500 --> 00:28:58,940  
那你就不用那么复杂  
  
766  
00:28:58,980 --> 00:29:01,260  
你你要嫌汤要麻烦，非常简单  
  
767  
00:29:01,660 --> 00:29:04,220  
弄点盐弄附子，盐成面  
  
768  
00:29:05,340 --> 00:29:09,100  
调和了之后哪疼在哪就敷上就完事了是吧  
  
769  
00:29:09,380 --> 00:29:11,300  
当然这块呢，他说一个问题啊  
  
770  
00:29:11,740 --> 00:29:14,590  
那个叫，为什么叫木了  
  
771  
00:29:14,750 --> 00:29:15,430  
以方寸壁  
  
772  
00:29:15,870 --> 00:29:17,550  
因为本身这个粉末啊  
  
773  
00:29:18,550 --> 00:29:20,030  
它是干燥状态  
  
774  
00:29:20,750 --> 00:29:22,110  
那么它是怎么样啊  
  
775  
00:29:22,960 --> 00:29:25,840  
它不容易粘着于头皮之上  
  
776  
00:29:26,240 --> 00:29:27,280  
因此古人呢  
  
777  
00:29:27,680 --> 00:29:31,200  
是要经过洗头，对吧  
  
778  
00:29:31,280 --> 00:29:33,470  
洗头之后，那么头呢  
  
779  
00:29:33,470 --> 00:29:37,390  
还比较温热比较湿润的状态把它敷上  
  
780  
00:29:37,590 --> 00:29:38,630  
但是我认为啊  
  
781  
00:29:38,630 --> 00:29:41,550  
现代人的生活习惯呢，跟古人有所不同  
  
782  
00:29:41,550 --> 00:29:43,860  
古人多是长发，对不对啊  
  
783  
00:29:43,860 --> 00:29:45,380  
古人都是长发啊  
  
784  
00:29:45,380 --> 00:29:46,060  
无论男女  
  
785  
00:29:46,420 --> 00:29:48,540  
那么中国古人讲华夏冠带嘛  
  
786  
00:29:48,540 --> 00:29:48,820  
对吧  
  
787  
00:29:48,820 --> 00:29:50,700  
发发福收视，父母不敢毁伤  
  
788  
00:29:51,190 --> 00:29:53,800  
呃，那么怎么办啊  
  
789  
00:29:54,280 --> 00:29:57,640  
我的建议你可以变异形式  
  
790  
00:29:57,640 --> 00:30:00,590  
你比如用黄酒，是不是可以啊  
  
791  
00:30:00,910 --> 00:30:02,850  
温黄酒调敷啊  
  
792  
00:30:02,850 --> 00:30:07,090  
那么这个也是咱们当时想的一个呃方便法啊  
  
793  
00:30:07,090 --> 00:30:08,370  
你可以你可以试一下啊  
  
794  
00:30:08,890 --> 00:30:11,370  
那这就是一个比较简单的外置法  
  
795  
00:30:12,590 --> 00:30:12,830  
呃  
  
796  
00:30:14,350 --> 00:30:17,390  
往下走啊，这个第  
  
797  
00:30:19,230 --> 00:30:20,190  
附录里头啊  
  
798  
00:30:20,710 --> 00:30:21,830  
你们拿的版本呢  
  
799  
00:30:21,830 --> 00:30:24,390  
那末了有一个复方看见没有  
  
800  
00:30:25,300 --> 00:30:25,500  
哎  
  
801  
00:30:25,500 --> 00:30:26,460  
那复方里头呢  
  
802  
00:30:26,460 --> 00:30:29,020  
有一个古今录验续命汤  
  
803  
00:30:29,790 --> 00:30:30,270  
这个呢  
  
804  
00:30:30,270 --> 00:30:31,310  
我不上黑板了  
  
805  
00:30:31,310 --> 00:30:35,350  
口述给大家讲讲，这张方我个人特别喜欢用啊  
  
806  
00:30:35,350 --> 00:30:36,150  
特别喜欢用  
  
807  
00:30:36,550 --> 00:30:39,840  
关于在我们千金外台啊  
  
808  
00:30:39,840 --> 00:30:44,200  
这里头跟续命有关的方非常多啊  
  
809  
00:30:44,200 --> 00:30:47,080  
你比如说这个小续命，大续命  
  
810  
00:30:48,250 --> 00:30:49,410  
西周续命，对吧  
  
811  
00:30:49,930 --> 00:30:52,370  
那么很多很多各种续命的汤散  
  
812  
00:30:52,450 --> 00:30:53,090  
而且方呢  
  
813  
00:30:53,090 --> 00:30:54,010  
一个比一个大啊  
  
814  
00:30:54,650 --> 00:30:54,850  
呃  
  
815  
00:30:54,850 --> 00:30:55,370  
这个呢  
  
816  
00:30:55,370 --> 00:30:57,290  
是一个比较短小精悍  
  
817  
00:30:57,330 --> 00:30:59,290  
但是临床中非常实用的一张法  
  
818  
00:30:59,290 --> 00:31:00,450  
我经常啥时候用啊  
  
819  
00:31:00,450 --> 00:31:02,130  
有的时候患者一来，诶  
  
820  
00:31:02,250 --> 00:31:03,930  
我在这往这一坐  
  
821  
00:31:04,050 --> 00:31:04,530  
哈哈  
  
822  
00:31:04,890 --> 00:31:06,370  
唠两句嗑，我就笑了  
  
823  
00:31:06,370 --> 00:31:09,120  
我说你有中风前兆，你自己知道吗  
  
824  
00:31:09,560 --> 00:31:11,160  
患者那时候就懵了啊  
  
825  
00:31:11,560 --> 00:31:13,680  
但我的患者一般依从性都极好啊  
  
826  
00:31:13,680 --> 00:31:14,840  
对，我也特别信任  
  
827  
00:31:15,210 --> 00:31:16,770  
呃，大夫你就说吧  
  
828  
00:31:16,770 --> 00:31:17,330  
怎么回事  
  
829  
00:31:17,330 --> 00:31:19,700  
那咱不能大夫嘴大呀  
  
830  
00:31:19,700 --> 00:31:20,860  
上嘴唇，一碰下嘴唇  
  
831  
00:31:20,860 --> 00:31:21,700  
你说啥是啥  
  
832  
00:31:21,700 --> 00:31:22,020  
对吧  
  
833  
00:31:22,420 --> 00:31:23,940  
我说话是讲道理啊  
  
834  
00:31:23,940 --> 00:31:25,140  
我得给你说出123  
  
835  
00:31:25,480 --> 00:31:26,800  
那说完之后患者一看，诶  
  
836  
00:31:26,920 --> 00:31:27,880  
有这道理对吧  
  
837  
00:31:28,240 --> 00:31:29,480  
是这么个意思，那怎么办  
  
838  
00:31:29,480 --> 00:31:30,200  
大夫你来吧  
  
839  
00:31:30,400 --> 00:31:31,760  
这个在我们门诊非常多  
  
840  
00:31:32,060 --> 00:31:34,300  
那有的时候我其实说心里话呢  
  
841  
00:31:34,300 --> 00:31:35,500  
就是续命类方用的多  
  
842  
00:31:35,940 --> 00:31:36,940  
但是续命汤吧  
  
843  
00:31:37,440 --> 00:31:41,160  
呃，直接治这个中风前兆现在用的少  
  
844  
00:31:41,280 --> 00:31:42,720  
我用的更多，一张方啊  
  
845  
00:31:42,760 --> 00:31:44,080  
这个提前打个叉  
  
846  
00:31:44,600 --> 00:31:46,960  
呃，有一张方叫续命煮散  
  
847  
00:31:47,160 --> 00:31:50,400  
你要是感兴趣我建议你你你记一下，临床上可以用  
  
848  
00:31:53,620 --> 00:31:55,580  
续命煮散啊，这方是谁创的  
  
849  
00:31:56,220 --> 00:31:58,100  
我们祖师孙真人啊  
  
850  
00:31:58,220 --> 00:32:00,260  
孙真人，孙真人啊  
  
851  
00:32:00,680 --> 00:32:01,600  
呃，年龄大了  
  
852  
00:32:01,600 --> 00:32:03,840  
后来呢，自己得了这个周病啊  
  
853  
00:32:03,840 --> 00:32:04,760  
就是所谓的痹症  
  
854  
00:32:04,760 --> 00:32:05,880  
就是按我们今天来讲  
  
855  
00:32:05,880 --> 00:32:07,600  
就是那个半身不遂之症啊  
  
856  
00:32:08,040 --> 00:32:09,400  
因此老真人呢  
  
857  
00:32:10,210 --> 00:32:12,330  
以这个那就不能叫耄耋了  
  
858  
00:32:12,330 --> 00:32:13,530  
就是百岁高龄啊  
  
859  
00:32:13,570 --> 00:32:17,600  
最后自己给自己创了一张方调和理之方  
  
860  
00:32:17,600 --> 00:32:19,920  
叫续命主散调和调好了之后呢  
  
861  
00:32:20,320 --> 00:32:21,120  
呃，老爷子  
  
862  
00:32:21,520 --> 00:32:23,840  
这个这个恢复的非常好啊  
  
863  
00:32:24,520 --> 00:32:27,440  
后来在140多岁的时候羽化登仙，对吧  
  
864  
00:32:27,440 --> 00:32:27,640  
啊  
  
865  
00:32:27,640 --> 00:32:29,020  
羽化登真，呃  
  
866  
00:32:29,020 --> 00:32:31,980  
这个在历史书上咱们都都有明确的记载  
  
867  
00:32:32,900 --> 00:32:33,580  
那么这个  
  
868  
00:32:35,380 --> 00:32:36,580  
呃，孙真人啊  
  
869  
00:32:36,660 --> 00:32:38,580  
他的这个续命竹散有一个优点  
  
870  
00:32:39,100 --> 00:32:42,660  
就是打成散剂比较方便储存  
  
871  
00:32:43,300 --> 00:32:44,660  
而且呢，呃  
  
872  
00:32:44,860 --> 00:32:47,580  
每天就是煮完散剂之后喝特别方便啊  
  
873  
00:32:47,580 --> 00:32:48,940  
就跟冲茶似的是吧  
  
874  
00:32:49,260 --> 00:32:51,780  
我很多患者我都让他们用这个效果特别好啊  
  
875  
00:32:51,780 --> 00:32:52,580  
包括一些朋友  
  
876  
00:32:53,000 --> 00:32:55,760  
呃，我在手机里平时把这方就收藏起来  
  
877  
00:32:56,150 --> 00:32:57,590  
有谁突然间出现这问题  
  
878  
00:32:57,590 --> 00:32:59,910  
我马上直接复制粘贴，我就给他了  
  
879  
00:32:59,910 --> 00:33:02,350  
连用法在底下拿棉布包着  
  
880  
00:33:02,350 --> 00:33:04,960  
然后呃一天多次小口频幅  
  
881  
00:33:05,000 --> 00:33:06,080  
我是让他们这么弄  
  
882  
00:33:06,210 --> 00:33:07,730  
弄完之后谨记注意事项  
  
883  
00:33:07,730 --> 00:33:09,450  
不能吃啥不能沾风对吧  
  
884  
00:33:09,730 --> 00:33:11,250  
我都给他都写好这个  
  
885  
00:33:11,250 --> 00:33:14,200  
你们就自己可以那个在网上搜一下啊  
  
886  
00:33:14,400 --> 00:33:14,840  
都有  
  
887  
00:33:15,490 --> 00:33:17,530  
呃，但是这个东西无论哪个续命的  
  
888  
00:33:17,530 --> 00:33:19,690  
其实都是从我们这里头出来的啊  
  
889  
00:33:19,930 --> 00:33:24,010  
因此这个方虽然是后世再次补入金匮要略的  
  
890  
00:33:24,320 --> 00:33:25,840  
但他确实最早啊  
  
891  
00:33:25,840 --> 00:33:28,120  
你看一下这个汤正啊  
  
892  
00:33:28,860 --> 00:33:29,540  
说一什么问题  
  
893  
00:33:29,540 --> 00:33:32,560  
中风匪，中风咱们都知道啊  
  
894  
00:33:32,720 --> 00:33:33,880  
伤寒论中讲外感  
  
895  
00:33:34,160 --> 00:33:35,320  
金匮之中讲内伤  
  
896  
00:33:35,320 --> 00:33:37,000  
讲的是那个经络之中风，对吧  
  
897  
00:33:37,600 --> 00:33:40,620  
络经腑脏啊  
  
898  
00:33:40,620 --> 00:33:41,740  
这个这个这个中风  
  
899  
00:33:42,360 --> 00:33:43,720  
呃，匪是啥意思呢  
  
900  
00:33:43,720 --> 00:33:45,400  
匪就是中锋的一个骨病名啊  
  
901  
00:33:45,400 --> 00:33:47,320  
这个不要过多的那个解释  
  
902  
00:33:47,320 --> 00:33:49,520  
但是我们中国人有一个特别有意思的习惯啊  
  
903  
00:33:49,800 --> 00:33:51,000  
中国人不糟践东西  
  
904  
00:33:51,310 --> 00:33:53,950  
有任何病名，他最后都把它把你演绎出来  
  
905  
00:33:54,150 --> 00:33:57,110  
我们今天有种病叫妃妃子，知道吗  
  
906  
00:33:58,000 --> 00:33:58,240  
哎  
  
907  
00:33:58,240 --> 00:34:00,600  
就是那个那个起痱子  
  
908  
00:34:00,600 --> 00:34:01,800  
我们北方叫痱子啊  
  
909  
00:34:02,200 --> 00:34:04,240  
其实就是这东西，那痱子是啥东西  
  
910  
00:34:04,240 --> 00:34:04,640  
是风  
  
911  
00:34:05,760 --> 00:34:07,840  
我们中国人讲风其实还没离开风邪吧  
  
912  
00:34:08,380 --> 00:34:08,580  
唉  
  
913  
00:34:08,580 --> 00:34:11,780  
他还是借用了这个这个中风的骨病名啊  
  
914  
00:34:12,100 --> 00:34:12,699  
从这来的  
  
915  
00:34:12,699 --> 00:34:16,150  
那你你要说，还是沿用这个可坏了  
  
916  
00:34:16,150 --> 00:34:17,670  
谁家孩子一起痱子  
  
917  
00:34:17,670 --> 00:34:19,030  
你说孩子中风了，对吧  
  
918  
00:34:19,469 --> 00:34:21,370  
不能那么看啊，呃  
  
919  
00:34:21,449 --> 00:34:22,370  
习俗有变化  
  
920  
00:34:22,770 --> 00:34:26,810  
那么这个中风斐它会产生什么状态呢  
  
921  
00:34:27,730 --> 00:34:28,810  
那么呃  
  
922  
00:34:29,949 --> 00:34:33,030  
他从三个方面给你给你说了这个问题  
  
923  
00:34:33,030 --> 00:34:36,690  
第一，身体行动方面什么问题呢  
  
924  
00:34:36,770 --> 00:34:39,610  
身体不能自守就啥意思啊  
  
925  
00:34:40,130 --> 00:34:45,420  
这人开始你发现他胳膊腿儿自己拿东西拿不了了对吧  
  
926  
00:34:45,900 --> 00:34:48,100  
想站可能也费劲走路呢  
  
927  
00:34:48,139 --> 00:34:48,820  
想往那儿走  
  
928  
00:34:48,860 --> 00:34:49,780  
他不往那儿走  
  
929  
00:34:50,210 --> 00:34:52,330  
身体不能自持，不能自控  
  
930  
00:34:52,370 --> 00:34:53,409  
这是第一个特点  
  
931  
00:34:53,650 --> 00:34:55,610  
第二，口不能言  
  
932  
00:34:57,010 --> 00:34:57,770  
口不能言  
  
933  
00:34:58,210 --> 00:34:59,970  
那么我们一开始啊  
  
934  
00:35:00,050 --> 00:35:02,410  
讲这个给大家说这个呃  
  
935  
00:35:02,450 --> 00:35:04,910  
他的不同的次第的时候  
  
936  
00:35:04,910 --> 00:35:06,190  
当时我们就说过一个问题吧  
  
937  
00:35:06,550 --> 00:35:09,110  
那么邪入于脏的时候，舌际难言  
  
938  
00:35:09,970 --> 00:35:10,290  
对吧  
  
939  
00:35:10,570 --> 00:35:13,170  
那么那么已经已经那个那个说不了话了  
  
940  
00:35:13,170 --> 00:35:14,490  
口吐涎就说这个问题  
  
941  
00:35:14,890 --> 00:35:15,090  
呃  
  
942  
00:35:15,090 --> 00:35:15,570  
入藏  
  
943  
00:35:19,620 --> 00:35:20,620  
还有第三点啊  
  
944  
00:35:20,660 --> 00:35:22,580  
所谓冒昧不知痛处  
  
945  
00:35:22,620 --> 00:35:24,540  
这个就是什么叫冒昧不知痛处呢  
  
946  
00:35:24,900 --> 00:35:26,540  
就这人你掐他，他也不难受  
  
947  
00:35:26,980 --> 00:35:27,700  
他也没啥感觉  
  
948  
00:35:27,700 --> 00:35:29,890  
就是反应和知觉迟钝啊  
  
949  
00:35:29,930 --> 00:35:33,810  
反应和直觉神灵，就这三点后头所谓或聚集不得转侧  
  
950  
00:35:33,850 --> 00:35:34,610  
其实这个呢  
  
951  
00:35:34,610 --> 00:35:38,850  
是所谓身体不能自收的一个补充啊  
  
952  
00:35:38,850 --> 00:35:40,170  
我觉得这就是一个补充  
  
953  
00:35:40,930 --> 00:35:42,730  
呃，那么治疗怎么治呢  
  
954  
00:35:42,730 --> 00:35:45,010  
古人用这方法非常的短小，精炼啊  
  
955  
00:35:45,090 --> 00:35:46,290  
可以说非常精悍  
  
956  
00:35:46,730 --> 00:35:49,650  
这张方子呢，就这么几味药啊  
  
957  
00:35:50,220 --> 00:35:51,780  
我看这方式简单极了  
  
958  
00:35:52,020 --> 00:35:54,630  
就一个麻黄汤的价位，看见了吧  
  
959  
00:35:55,030 --> 00:35:55,950  
盲堂四维啊  
  
960  
00:35:55,950 --> 00:35:57,910  
都什么麻桂杏草  
  
961  
00:35:58,590 --> 00:36:00,630  
这么四维啊，加未加谁呢  
  
962  
00:36:01,360 --> 00:36:02,640  
加了五味药啊  
  
963  
00:36:02,640 --> 00:36:06,720  
加了五味药，一边气一边血啊  
  
964  
00:36:06,720 --> 00:36:07,640  
一边气一边血  
  
965  
00:36:07,840 --> 00:36:09,680  
中间还有一个啊，行湖中道  
  
966  
00:36:09,720 --> 00:36:11,280  
这个我分别给你讲咋回事  
  
967  
00:36:11,720 --> 00:36:11,920  
呃  
  
968  
00:36:12,240 --> 00:36:17,030  
那么一阳气的无非两个生生姜之术，对吧  
  
969  
00:36:17,310 --> 00:36:18,790  
那么理中的当家之药啊  
  
970  
00:36:19,270 --> 00:36:20,910  
人参干姜，呃  
  
971  
00:36:21,470 --> 00:36:22,110  
益血的  
  
972  
00:36:22,670 --> 00:36:23,990  
行血的，无非两味药  
  
973  
00:36:24,610 --> 00:36:25,490  
胸归而已嘛  
  
974  
00:36:26,130 --> 00:36:26,330  
哎  
  
975  
00:36:26,330 --> 00:36:27,930  
那么咱们焦艾汤啊等等啊  
  
976  
00:36:27,930 --> 00:36:30,220  
很多方式都用这个啊，呃  
  
977  
00:36:30,420 --> 00:36:33,100  
那么把气血呢，给它补充上  
  
978  
00:36:33,260 --> 00:36:37,370  
然后用麻黄去通行周身啊  
  
979  
00:36:37,570 --> 00:36:38,650  
解一身表里  
  
980  
00:36:39,410 --> 00:36:40,690  
那么就把这问题解决了  
  
981  
00:36:41,050 --> 00:36:43,450  
那么很多人说啊，麻黄汤是解表的  
  
982  
00:36:43,450 --> 00:36:44,650  
你怎么还能治中风呢  
  
983  
00:36:45,130 --> 00:36:45,730  
这个事儿啊  
  
984  
00:36:45,850 --> 00:36:48,290  
其实我从给大家讲伤寒论的时候  
  
985  
00:36:48,570 --> 00:36:50,850  
我就从来没说过麻黄是解表的了  
  
986  
00:36:51,350 --> 00:36:53,430  
我从来没说过我讲伤寒论，我怎么说的呀  
  
987  
00:36:53,910 --> 00:36:54,990  
那时候给大家讲过  
  
988  
00:36:54,990 --> 00:36:57,190  
我们再次回顾一下麻黄呢  
  
989  
00:36:57,190 --> 00:36:58,350  
那么古人有一个说法  
  
990  
00:36:58,880 --> 00:37:00,520  
植麻黄之地，东部积雪  
  
991  
00:37:00,520 --> 00:37:01,400  
我说说这个问题吧  
  
992  
00:37:01,720 --> 00:37:03,400  
那么过去在中原地带的时候  
  
993  
00:37:03,400 --> 00:37:05,440  
有有的地方雪是落不下来的  
  
994  
00:37:05,780 --> 00:37:06,380  
雪盖不住  
  
995  
00:37:06,500 --> 00:37:08,100  
到这来之后血就得化了  
  
996  
00:37:08,420 --> 00:37:11,830  
那么这种地方往往生麻黄或者麻黄  
  
997  
00:37:11,950 --> 00:37:13,750  
长麻黄地方往往都是这种地  
  
998  
00:37:14,070 --> 00:37:16,110  
那么证明它能够散寒  
  
999  
00:37:16,590 --> 00:37:18,630  
那么寒气，你想把它冻住  
  
1000  
00:37:18,630 --> 00:37:19,550  
你冻不上，对吧  
  
1001  
00:37:19,910 --> 00:37:22,510  
因此来说，本经里头讲说麻黄味苦温  
  
1002  
00:37:22,860 --> 00:37:24,420  
主中风、伤寒寒热温疟  
  
1003  
00:37:24,420 --> 00:37:27,060  
发表出汗、祛邪、热气、止咳逆上气，除寒热  
  
1004  
00:37:27,410 --> 00:37:28,690  
这些前头说的都是外感  
  
1005  
00:37:28,930 --> 00:37:31,170  
最后还有一句话叫破政见积聚  
  
1006  
00:37:31,680 --> 00:37:36,600  
那么我们今天在临床上有很多时候用麻黄去治肿瘤，那是有道理的吧  
  
1007  
00:37:36,930 --> 00:37:38,170  
它能散凝对吧  
  
1008  
00:37:38,330 --> 00:37:40,290  
什么东西能凝，咱们就能拿它散什么  
  
1009  
00:37:40,650 --> 00:37:43,090  
那么所以从这个角度来讲，麻黄本无情  
  
1010  
00:37:43,130 --> 00:37:44,490  
他没有说他非得走表  
  
1011  
00:37:44,490 --> 00:37:46,890  
或者非得走里，无处不走  
  
1012  
00:37:46,890 --> 00:37:47,450  
无处不到  
  
1013  
00:37:47,930 --> 00:37:50,290  
那么我们说五味之中酸味能入肝  
  
1014  
00:37:50,530 --> 00:37:51,530  
苦味能入心  
  
1015  
00:37:52,370 --> 00:37:53,890  
那么麻黄是什么味  
  
1016  
00:37:53,890 --> 00:37:54,010  
儿  
  
1017  
00:37:54,010 --> 00:37:55,210  
有很多人说麻黄新闻  
  
1018  
00:37:55,330 --> 00:37:56,610  
本经不是那么写的啊  
  
1019  
00:37:57,240 --> 00:37:58,400  
本经说是苦温  
  
1020  
00:37:58,400 --> 00:38:00,040  
但是你一尝坏了，麻黄不苦  
  
1021  
00:38:00,480 --> 00:38:01,080  
麻黄没味  
  
1022  
00:38:01,080 --> 00:38:02,840  
儿，那谁说错了  
  
1023  
00:38:02,840 --> 00:38:03,800  
谁也没说错呀  
  
1024  
00:38:04,450 --> 00:38:06,490  
中药书里说新闻是把它归类  
  
1025  
00:38:07,250 --> 00:38:11,170  
因为中药书里默认所有解表的药都是西味，对吧  
  
1026  
00:38:11,530 --> 00:38:12,730  
那不辛不解表啊  
  
1027  
00:38:13,120 --> 00:38:14,000  
这是他的道理  
  
1028  
00:38:14,480 --> 00:38:16,160  
那本经为啥说麻黄苦呢  
  
1029  
00:38:16,520 --> 00:38:17,880  
麻黄是不是能通灵啊  
  
1030  
00:38:19,390 --> 00:38:20,310  
萤是不是血啊  
  
1031  
00:38:20,870 --> 00:38:22,110  
迎血是啥味啊  
  
1032  
00:38:22,110 --> 00:38:23,030  
是火之味啊  
  
1033  
00:38:23,430 --> 00:38:24,310  
火味就苦味啊  
  
1034  
00:38:24,630 --> 00:38:25,950  
那你要问我麻黄啥味  
  
1035  
00:38:25,950 --> 00:38:27,550  
我认为麻黄美味为啥  
  
1036  
00:38:29,850 --> 00:38:30,530  
很简单啊  
  
1037  
00:38:30,970 --> 00:38:32,370  
麻黄没味不是没有味  
  
1038  
00:38:32,650 --> 00:38:34,690  
而是它是一种无味之味  
  
1039  
00:38:35,290 --> 00:38:37,330  
我们古人来说叫真空圣妙  
  
1040  
00:38:37,330 --> 00:38:39,420  
有真空不等于空  
  
1041  
00:38:40,310 --> 00:38:41,390  
大家明白这个道理吧  
  
1042  
00:38:41,550 --> 00:38:44,030  
就像老茶，没味不是没劲啊  
  
1043  
00:38:44,070 --> 00:38:45,190  
它跟水不一样啊  
  
1044  
00:38:45,430 --> 00:38:47,750  
好多老茶，你放的年头多了  
  
1045  
00:38:47,750 --> 00:38:48,030  
对吧  
  
1046  
00:38:48,510 --> 00:38:50,550  
你发现它味道没了，香气没了  
  
1047  
00:38:50,830 --> 00:38:51,830  
但是力量大了  
  
1048  
00:38:51,870 --> 00:38:54,950  
为什么所有浮华的东西都沉淀下去了  
  
1049  
00:38:55,210 --> 00:38:58,410  
所有表达和情绪都变成行动了对吧  
  
1050  
00:38:58,610 --> 00:38:59,690  
这是老茶的特点  
  
1051  
00:38:59,970 --> 00:39:01,130  
麻黄就是这个特点啊  
  
1052  
00:39:01,660 --> 00:39:02,900  
你问他酸不酸不酸  
  
1053  
00:39:03,300 --> 00:39:04,900  
为什么你酸你就得入肝  
  
1054  
00:39:04,900 --> 00:39:05,900  
但是你入不了肺了  
  
1055  
00:39:06,340 --> 00:39:08,100  
麻黄无味，无处不走  
  
1056  
00:39:08,100 --> 00:39:10,690  
无处不到，任何地方都能到  
  
1057  
00:39:10,690 --> 00:39:13,890  
我没有味儿，我有你地地方我不能去的吗  
  
1058  
00:39:13,890 --> 00:39:14,290  
没有吧  
  
1059  
00:39:14,730 --> 00:39:15,450  
哪儿都能到  
  
1060  
00:39:15,450 --> 00:39:17,300  
因此周流六虚啊  
  
1061  
00:39:17,540 --> 00:39:19,260  
麻黄这个药，周流六虚  
  
1062  
00:39:19,540 --> 00:39:22,300  
整个这个六合之内，那么它都能到啊  
  
1063  
00:39:22,580 --> 00:39:23,860  
没有他不走的地方  
  
1064  
00:39:24,020 --> 00:39:28,900  
因此他才能带着主气的人参干姜主血的胸归二  
  
1065  
00:39:28,900 --> 00:39:32,780  
要去调和其气血之篇以救人  
  
1066  
00:39:32,780 --> 00:39:35,060  
是人之中风偏枯之症啊  
  
1067  
00:39:35,060 --> 00:39:37,720  
这是那个徐明汤的基本立法  
  
1068  
00:39:37,960 --> 00:39:39,160  
但是我们说一个问题  
  
1069  
00:39:39,320 --> 00:39:41,760  
中风偏闭之后，人必然有气淤  
  
1070  
00:39:42,040 --> 00:39:43,160  
淤之后必然化火  
  
1071  
00:39:43,160 --> 00:39:44,720  
因此你要加石膏，明白了吧  
  
1072  
00:39:44,990 --> 00:39:48,230  
因此诸虚名汤之中皆有石膏，就这特点啊  
  
1073  
00:39:48,470 --> 00:39:50,030  
就是淤之后必然化热  
  
1074  
00:39:50,740 --> 00:39:52,140  
呃，因此这个方呢  
  
1075  
00:39:52,140 --> 00:39:55,780  
我在临床上拿它当然是治这个中风，千兆用的也多  
  
1076  
00:39:55,780 --> 00:39:56,940  
但还有一个妙用啊  
  
1077  
00:39:56,980 --> 00:39:58,700  
我们之前说过血压的问题吧  
  
1078  
00:39:59,060 --> 00:39:59,780  
大家还记得吧  
  
1079  
00:40:00,060 --> 00:40:02,700  
这张方是一张降血压非常好的方子  
  
1080  
00:40:03,580 --> 00:40:05,460  
但是有的同学你别听一半啊  
  
1081  
00:40:05,460 --> 00:40:08,300  
你说老师说了说这降降血压，那行了  
  
1082  
00:40:08,300 --> 00:40:11,730  
这回我妈降压药不用不用可以撤了，不是那么概念  
  
1083  
00:40:11,730 --> 00:40:13,490  
你得先看是不是这个适应症  
  
1084  
00:40:14,010 --> 00:40:15,970  
那么据我在临床上观察  
  
1085  
00:40:16,630 --> 00:40:20,390  
呃，很多中风后遗症患者都有高血压症  
  
1086  
00:40:20,390 --> 00:40:23,070  
包括有的人啊，没有高血压症也有中风  
  
1087  
00:40:23,560 --> 00:40:23,760  
呃  
  
1088  
00:40:23,760 --> 00:40:26,680  
就是没有那个中风后遗症，也有高血压  
  
1089  
00:40:27,560 --> 00:40:29,480  
但是他有这种高血压的人啊  
  
1090  
00:40:29,720 --> 00:40:31,640  
你就可以放心大胆的用续命糖  
  
1091  
00:40:31,640 --> 00:40:32,480  
效果非常好  
  
1092  
00:40:32,970 --> 00:40:34,370  
呃，我这么跟你讲吧  
  
1093  
00:40:35,540 --> 00:40:39,100  
比那个C降压药差点，有可能啊  
  
1094  
00:40:39,100 --> 00:40:41,380  
我指的是速度，但是差点不多  
  
1095  
00:40:42,100 --> 00:40:43,940  
但是好处是它能彻底治好  
  
1096  
00:40:45,380 --> 00:40:47,540  
彻底治好，他不用说一直用药维持  
  
1097  
00:40:47,540 --> 00:40:48,460  
明白我的意思了吗  
  
1098  
00:40:48,780 --> 00:40:51,230  
那么，但是有一个非常重要的前提  
  
1099  
00:40:51,230 --> 00:40:52,710  
就是我说麻黄主寒凝  
  
1100  
00:40:53,190 --> 00:40:55,230  
这人一定要出现一种寒凝之象  
  
1101  
00:40:55,510 --> 00:40:56,670  
也就是要有紧脉  
  
1102  
00:40:57,370 --> 00:40:59,530  
这个要注意，它的脉一定是紧的  
  
1103  
00:40:59,810 --> 00:41:00,770  
这种紧的时候  
  
1104  
00:41:01,010 --> 00:41:02,610  
那么在我在临床中观察啊  
  
1105  
00:41:02,860 --> 00:41:07,100  
他基本上每天的用药剂量能下十个毫米汞柱  
  
1106  
00:41:07,970 --> 00:41:09,530  
就是血压啊，十个毫米汞柱  
  
1107  
00:41:09,530 --> 00:41:13,130  
你比如说它的收缩压是呃170对吧  
  
1108  
00:41:13,770 --> 00:41:17,970  
那你在用了这个续命汤之后，一天正常保那个  
  
1109  
00:41:17,970 --> 00:41:19,690  
我们极端的都不说啊  
  
1110  
00:41:19,690 --> 00:41:22,210  
那过快的或者过慢的那都是极端的  
  
1111  
00:41:22,360 --> 00:41:24,960  
我们说通常来说一天之内下十个毫米汞柱  
  
1112  
00:41:25,280 --> 00:41:27,580  
稳定的这么往下降，问题不大啊  
  
1113  
00:41:27,900 --> 00:41:29,660  
那么能让他调到一个折中  
  
1114  
00:41:29,820 --> 00:41:32,020  
但前提这个人脉一定是什么脉啊  
  
1115  
00:41:32,420 --> 00:41:33,060  
一定是静脉  
  
1116  
00:41:33,060 --> 00:41:34,220  
这个你千万别忘了  
  
1117  
00:41:34,220 --> 00:41:35,700  
千万别忘了你可不  
  
1118  
00:41:35,700 --> 00:41:38,180  
我可没说这个方法能治啥病啊  
  
1119  
00:41:38,180 --> 00:41:39,540  
我从来都没这么说  
  
1120  
00:41:39,710 --> 00:41:41,790  
只是作为一个思路你去借鉴  
  
1121  
00:41:41,790 --> 00:41:43,470  
那为啥高血压这样高血压  
  
1122  
00:41:43,470 --> 00:41:48,570  
那从这个不还是从这种外有寒壁内有风邪来的嘛  
  
1123  
00:41:48,610 --> 00:41:49,850  
那么血压就上去了嘛  
  
1124  
00:41:49,890 --> 00:41:50,210  
对吧  
  
1125  
00:41:51,570 --> 00:41:51,850  
呃  
  
1126  
00:41:53,310 --> 00:41:54,230  
就这点事  
  
1127  
00:41:54,230 --> 00:41:56,950  
那么这个方用完之后有一个非常要注意的事  
  
1128  
00:41:56,950 --> 00:41:58,510  
就是不能汗出当风啊  
  
1129  
00:41:58,550 --> 00:41:59,550  
这个非常重要  
  
1130  
00:41:59,800 --> 00:42:01,600  
那关于这个呢，我们就讲这些啊  
  
1131  
00:42:01,600 --> 00:42:02,480  
不再赘述  
  
1132  
00:42:02,840 --> 00:42:04,840  
我们接着看后面的内容  
  
1133  
00:42:06,150 --> 00:42:07,550  
后面就进入力竭了啊  
  
1134  
00:42:07,550 --> 00:42:08,670  
这块儿有意思啊  
  
1135  
00:42:09,510 --> 00:42:10,190  
力竭呢  
  
1136  
00:42:11,110 --> 00:42:11,990  
他一开始呢  
  
1137  
00:42:12,030 --> 00:42:16,790  
用了啊这个四呃三段的这个笔墨啊  
  
1138  
00:42:17,720 --> 00:42:20,040  
给你讲了这个卖行  
  
1139  
00:42:20,820 --> 00:42:22,260  
呃，其实是四段啊  
  
1140  
00:42:22,500 --> 00:42:23,820  
但是它自然段是三段  
  
1141  
00:42:24,100 --> 00:42:25,660  
但是内容是四个啊  
  
1142  
00:42:27,110 --> 00:42:27,830  
分别是什么啊  
  
1143  
00:42:27,830 --> 00:42:28,310  
你看啊  
  
1144  
00:42:28,790 --> 00:42:30,190  
寸口脉沉弱，对吧  
  
1145  
00:42:30,630 --> 00:42:33,550  
底下又说了扶阳脉浮而滑，少阴脉呢  
  
1146  
00:42:34,120 --> 00:42:34,960  
呃，福尔弱  
  
1147  
00:42:36,040 --> 00:42:37,360  
又有圣人卖色小  
  
1148  
00:42:37,480 --> 00:42:39,080  
所以很多人看到这之后呢  
  
1149  
00:42:39,480 --> 00:42:42,320  
看一看之后觉得有点晕，为啥晕呢  
  
1150  
00:42:43,300 --> 00:42:46,340  
呃，那你就说一下力竭是啥麦就完了呗  
  
1151  
00:42:46,980 --> 00:42:49,500  
你为啥弄出四个来呀是吧，啊  
  
1152  
00:42:49,500 --> 00:42:50,700  
分三段弄出四个  
  
1153  
00:42:50,700 --> 00:42:51,580  
而且这四个呢  
  
1154  
00:42:51,580 --> 00:42:52,420  
还是矛盾的  
  
1155  
00:42:52,660 --> 00:42:55,740  
而且一会儿寸口一会儿扶阳的，这玩意儿咋弄  
  
1156  
00:42:55,900 --> 00:42:56,540  
其实啊  
  
1157  
00:42:56,950 --> 00:42:58,270  
古人是为了把事说清  
  
1158  
00:42:58,390 --> 00:43:01,870  
只是因为古今的大环境背景文化变了  
  
1159  
00:43:02,250 --> 00:43:02,970  
风俗变了  
  
1160  
00:43:02,970 --> 00:43:05,690  
那么古人他的目的不是给你弄晕  
  
1161  
00:43:05,890 --> 00:43:07,410  
古人是想给你讲清楚  
  
1162  
00:43:07,790 --> 00:43:08,790  
从这个角度上来说  
  
1163  
00:43:08,790 --> 00:43:10,110  
其实你就记住一个事  
  
1164  
00:43:10,750 --> 00:43:12,470  
就第一条是他的核心  
  
1165  
00:43:13,140 --> 00:43:14,860  
后头是他对他的补充啊  
  
1166  
00:43:14,900 --> 00:43:18,220  
那我们都给你讲第一条核心是咋说啊  
  
1167  
00:43:18,220 --> 00:43:18,900  
什么意思  
  
1168  
00:43:19,920 --> 00:43:21,960  
你看寸口脉呢  
  
1169  
00:43:21,960 --> 00:43:22,520  
叫什么呢  
  
1170  
00:43:23,360 --> 00:43:24,880  
叫陈而弱对吧  
  
1171  
00:43:25,840 --> 00:43:26,120  
呃  
  
1172  
00:43:27,250 --> 00:43:31,450  
那么这个寸口脉沉弱指的就是我们今天看的寸口脉  
  
1173  
00:43:31,730 --> 00:43:33,730  
因为我们知道在古人的时候呢  
  
1174  
00:43:34,250 --> 00:43:34,530  
呃  
  
1175  
00:43:36,020 --> 00:43:37,980  
尤其张仲景先是那个年代啊  
  
1176  
00:43:38,420 --> 00:43:41,420  
那么很多时候他是要用辩证之法的  
  
1177  
00:43:42,340 --> 00:43:42,900  
是不是啊  
  
1178  
00:43:43,260 --> 00:43:46,940  
那人家是说了按寸不及尺，握手不及足啊  
  
1179  
00:43:47,260 --> 00:43:49,740  
卖不满50说句实话，非常惭愧  
  
1180  
00:43:49,740 --> 00:43:53,670  
那我今天我本人，我看病就握手不及足  
  
1181  
00:43:54,530 --> 00:43:57,450  
那我就看村口卖我也我也不看脚背  
  
1182  
00:43:57,850 --> 00:44:01,960  
但是还是那句话，我绝不给自己找借口啊  
  
1183  
00:44:02,080 --> 00:44:04,200  
咱们就是不如古人细致啊  
  
1184  
00:44:04,200 --> 00:44:06,880  
按古人来说那就是得都看，呃  
  
1185  
00:44:08,380 --> 00:44:10,340  
当然了，这个其实也有一个前提啊  
  
1186  
00:44:10,340 --> 00:44:12,020  
就是从有一位圣人啊  
  
1187  
00:44:12,020 --> 00:44:13,620  
也就是扁鹊啊  
  
1188  
00:44:13,620 --> 00:44:14,500  
从他开始呢  
  
1189  
00:44:15,220 --> 00:44:16,300  
换算了这种  
  
1190  
00:44:17,240 --> 00:44:20,560  
这个就是就是取卖的那个方式  
  
1191  
00:44:20,880 --> 00:44:23,800  
最后证得了这俩东西呢，可以互相替代  
  
1192  
00:44:24,560 --> 00:44:26,040  
那么但是，呃  
  
1193  
00:44:26,040 --> 00:44:26,920  
打一比方啊  
  
1194  
00:44:27,920 --> 00:44:30,760  
你们千万不要认为造纸术发明那天  
  
1195  
00:44:30,880 --> 00:44:33,160  
就是竹简退出历史的那天  
  
1196  
00:44:33,850 --> 00:44:34,530  
有很多人  
  
1197  
00:44:34,530 --> 00:44:37,090  
那我一说这个就跟你犟，那不对  
  
1198  
00:44:37,090 --> 00:44:38,490  
都有造纸术逐渐还不退出  
  
1199  
00:44:39,130 --> 00:44:42,530  
那我现在就以彼之道还之彼身啊  
  
1200  
00:44:42,610 --> 00:44:43,770  
就最简单一个道理  
  
1201  
00:44:44,530 --> 00:44:47,330  
电子货币产生纸币就退出了吗  
  
1202  
00:44:49,060 --> 00:44:50,140  
多简单一个道理  
  
1203  
00:44:51,100 --> 00:44:52,460  
大家这个你总明白吧  
  
1204  
00:44:52,540 --> 00:44:55,140  
那你用你自己的事一想，你不就懂了吗  
  
1205  
00:44:55,500 --> 00:44:57,220  
人同此心，心同此理啊  
  
1206  
00:44:57,460 --> 00:44:58,260  
古今都一样  
  
1207  
00:44:58,740 --> 00:45:02,160  
那么在读取寸口的方法提出的时候  
  
1208  
00:45:02,960 --> 00:45:05,080  
甚至当时有很多人是反对的  
  
1209  
00:45:05,900 --> 00:45:07,580  
但是它确实是有效的  
  
1210  
00:45:07,860 --> 00:45:10,020  
经过历代圣人的印证对吧  
  
1211  
00:45:10,460 --> 00:45:12,140  
那么最后发现这东西可行  
  
1212  
00:45:12,540 --> 00:45:16,230  
但这过程中证明辩证法就退出历史舞台了吗  
  
1213  
00:45:16,430 --> 00:45:16,830  
没有  
  
1214  
00:45:17,190 --> 00:45:19,840  
因此你到汉末的伤寒论之中  
  
1215  
00:45:20,080 --> 00:45:23,000  
你仍然能看到很多很多遍诊的案例  
  
1216  
00:45:23,680 --> 00:45:28,150  
你比如伤寒论的特别著名的麻子仁丸  
  
1217  
00:45:28,790 --> 00:45:30,890  
阜阳脉浮而涩，对吧  
  
1218  
00:45:30,890 --> 00:45:31,930  
他都这么跟你讲  
  
1219  
00:45:32,050 --> 00:45:33,610  
那我看完寸口我还看俯仰  
  
1220  
00:45:33,770 --> 00:45:36,210  
但不是他所有脉都要看看这个吧  
  
1221  
00:45:36,410 --> 00:45:39,330  
他讲的是一些有特征的问题啊，才看这个  
  
1222  
00:45:39,550 --> 00:45:42,630  
或者是村口看不明白的时候才看这个东西呢  
  
1223  
00:45:42,630 --> 00:45:43,550  
不只是医学啊  
  
1224  
00:45:43,550 --> 00:45:44,870  
很多东西都是这样  
  
1225  
00:45:45,230 --> 00:45:47,190  
你比如说在，呃  
  
1226  
00:45:47,430 --> 00:45:48,390  
比如说我们讲这个  
  
1227  
00:45:48,510 --> 00:45:51,230  
中国还有一个非常优秀的传统文化叫周易，对吧  
  
1228  
00:45:51,630 --> 00:45:52,150  
周易呢  
  
1229  
00:45:52,150 --> 00:45:54,830  
那是必然就涉及到了这个卜世之学  
  
1230  
00:45:55,370 --> 00:45:55,890  
古人呢  
  
1231  
00:45:56,250 --> 00:45:56,850  
最早呢  
  
1232  
00:45:57,010 --> 00:46:00,530  
大衍之数50，其用49用50个侍草  
  
1233  
00:46:00,980 --> 00:46:01,700  
这种草呢  
  
1234  
00:46:01,700 --> 00:46:03,460  
一径直上，沟通天地  
  
1235  
00:46:03,540 --> 00:46:05,620  
古人讲要叫有灵龟之守候  
  
1236  
00:46:05,860 --> 00:46:06,620  
那不一定啊  
  
1237  
00:46:06,620 --> 00:46:10,320  
这玩意是就我们学校那个百草园里就有市草啊  
  
1238  
00:46:10,320 --> 00:46:11,360  
有机会你们愿意看  
  
1239  
00:46:11,360 --> 00:46:12,480  
我带你们去看一看  
  
1240  
00:46:12,840 --> 00:46:13,040  
呃  
  
1241  
00:46:13,200 --> 00:46:16,000  
过去呢，那个那个圣人伏羲用它呢  
  
1242  
00:46:16,470 --> 00:46:18,510  
推演模拟这个天地之术  
  
1243  
00:46:18,550 --> 00:46:20,950  
那认为天地之中大衍之数50嘛，对吧  
  
1244  
00:46:21,310 --> 00:46:24,910  
那么那个那个那个拆补之后拿出去一根啊  
  
1245  
00:46:24,910 --> 00:46:27,190  
一边分两边，然后拿它摆  
  
1246  
00:46:27,310 --> 00:46:29,430  
我过去也这么玩过这个  
  
1247  
00:46:29,770 --> 00:46:29,970  
呃  
  
1248  
00:46:29,970 --> 00:46:33,170  
64卦的推演也用过世草，确实很不一样啊  
  
1249  
00:46:33,210 --> 00:46:35,170  
实话实说确实很不一样  
  
1250  
00:46:35,690 --> 00:46:36,490  
那后来呢  
  
1251  
00:46:37,010 --> 00:46:39,610  
呃，洗这个为了图省事  
  
1252  
00:46:39,610 --> 00:46:41,330  
咱就用这个用啥呀  
  
1253  
00:46:41,650 --> 00:46:43,530  
就改成改成开元通宝了吧  
  
1254  
00:46:44,070 --> 00:46:44,270  
哎  
  
1255  
00:46:44,270 --> 00:46:45,630  
汉代五铢钱了吧，三枚  
  
1256  
00:46:46,190 --> 00:46:47,590  
那么你最后发现五铢钱  
  
1257  
00:46:47,670 --> 00:46:51,950  
其实最后它表达的数不也是乾坤生六子吗  
  
1258  
00:46:52,630 --> 00:46:56,230  
乾坎艮震巽离坤兑64卦消息阴阳全在里头啊  
  
1259  
00:46:56,510 --> 00:46:59,230  
你也都能表达出来也是这个大衍之术  
  
1260  
00:46:59,850 --> 00:47:04,070  
这个所谓的少阴老阴全在里头，没差什么啊  
  
1261  
00:47:04,390 --> 00:47:07,190  
它动咬的那个那个那个位置都能出来  
  
1262  
00:47:07,190 --> 00:47:08,830  
因此这个是谁创的  
  
1263  
00:47:08,830 --> 00:47:10,940  
是最后，也是古人所创  
  
1264  
00:47:10,940 --> 00:47:14,610  
但最后程颐程号二成两位圣人对吧  
  
1265  
00:47:14,970 --> 00:47:16,570  
在在北宋的时候  
  
1266  
00:47:16,570 --> 00:47:18,330  
最后人家人家人家给定下来了  
  
1267  
00:47:18,330 --> 00:47:21,050  
说这个以后就可以这么走了啊  
  
1268  
00:47:21,050 --> 00:47:24,730  
二成最后最后这个这个这个给定下来啊  
  
1269  
00:47:24,730 --> 00:47:27,280  
所以说这个东西是可以这么用的  
  
1270  
00:47:27,280 --> 00:47:30,520  
所以很多东西在于后世也在不断的印证啊  
  
1271  
00:47:30,960 --> 00:47:35,260  
那包括古人还没有那个那个很多西医检查的嘛  
  
1272  
00:47:35,260 --> 00:47:37,900  
我们今天中医，很多时候呃  
  
1273  
00:47:38,930 --> 00:47:39,930  
患者问我说，大夫  
  
1274  
00:47:40,490 --> 00:47:43,170  
那是不是找你摸完脉就行了  
  
1275  
00:47:43,170 --> 00:47:44,210  
我就不用做检查了  
  
1276  
00:47:44,450 --> 00:47:47,050  
我一律给他pass掉啊  
  
1277  
00:47:47,050 --> 00:47:47,890  
我说人呢  
  
1278  
00:47:48,090 --> 00:47:49,610  
这东西跟机器不一样啊  
  
1279  
00:47:50,170 --> 00:47:51,570  
人人他有准的时候  
  
1280  
00:47:51,570 --> 00:47:52,730  
有不准的时候，对吧  
  
1281  
00:47:53,270 --> 00:47:54,790  
那你该检查检查  
  
1282  
00:47:54,950 --> 00:47:56,670  
该治疗治疗，这是两回事啊  
  
1283  
00:47:57,200 --> 00:47:58,840  
那很多东西都是在发展  
  
1284  
00:47:59,320 --> 00:48:01,720  
那么这个关键你要明白，他要告诉你什么  
  
1285  
00:48:01,720 --> 00:48:02,440  
这个寸口脉  
  
1286  
00:48:02,480 --> 00:48:03,840  
首先它告诉你俩事啊  
  
1287  
00:48:04,970 --> 00:48:06,810  
叫陈世若，这就完事了啊  
  
1288  
00:48:07,090 --> 00:48:08,530  
就是陈世若，大家记住了吧  
  
1289  
00:48:08,890 --> 00:48:10,370  
那么陈世若说的是两件事  
  
1290  
00:48:10,370 --> 00:48:12,130  
第一，辰是古  
  
1291  
00:48:12,330 --> 00:48:13,650  
因为谷在里头  
  
1292  
00:48:13,650 --> 00:48:14,930  
辰则主礼，对不对啊  
  
1293  
00:48:15,530 --> 00:48:19,920  
若主今，那么我们说人体质分层在表为皮  
  
1294  
00:48:20,440 --> 00:48:21,800  
往里一层是血管吧  
  
1295  
00:48:22,320 --> 00:48:23,240  
再往里是肉  
  
1296  
00:48:24,010 --> 00:48:25,250  
再往深层是筋  
  
1297  
00:48:25,450 --> 00:48:26,290  
最后一层是骨  
  
1298  
00:48:26,610 --> 00:48:29,050  
皮脉肉筋骨，这五层你排不下来  
  
1299  
00:48:29,870 --> 00:48:31,390  
那么就非常简单  
  
1300  
00:48:31,750 --> 00:48:33,110  
那这里头就怎么样啊  
  
1301  
00:48:34,230 --> 00:48:36,070  
这个筋和骨，这两层在最里头  
  
1302  
00:48:36,310 --> 00:48:37,230  
这讲脉沉弱  
  
1303  
00:48:37,610 --> 00:48:40,370  
其实他讲的是病已经入里了讲的这个问题  
  
1304  
00:48:40,690 --> 00:48:42,130  
因此后来又说了一个问题  
  
1305  
00:48:42,410 --> 00:48:43,770  
沉积为肾弱，即为肝  
  
1306  
00:48:44,050 --> 00:48:44,770  
能完事了吧  
  
1307  
00:48:44,810 --> 00:48:46,410  
那最里头就是肝肾吗  
  
1308  
00:48:47,120 --> 00:48:47,720  
肝肾啊  
  
1309  
00:48:47,720 --> 00:48:50,680  
所以这个肝肾才是贯穿所谓力疾病  
  
1310  
00:48:50,680 --> 00:48:53,160  
也就是我们讲今天就相当于风湿，类风湿嘛  
  
1311  
00:48:53,160 --> 00:48:53,440  
对吧  
  
1312  
00:48:53,440 --> 00:48:54,080  
关节炎嘛  
  
1313  
00:48:54,520 --> 00:48:55,760  
他的这个事  
  
1314  
00:48:56,330 --> 00:48:56,530  
呃  
  
1315  
00:48:56,730 --> 00:48:59,850  
汗出入水中，如水伤心  
  
1316  
00:49:00,500 --> 00:49:01,980  
那么又讲这个问题  
  
1317  
00:49:01,980 --> 00:49:05,900  
汉初凑里开入水，水气内侵  
  
1318  
00:49:06,670 --> 00:49:08,190  
那么伤及人的这个心  
  
1319  
00:49:08,390 --> 00:49:09,430  
这个心，心是啥  
  
1320  
00:49:09,430 --> 00:49:10,270  
心是羊吗  
  
1321  
00:49:10,630 --> 00:49:11,190  
是血吗  
  
1322  
00:49:11,190 --> 00:49:11,430  
对吧  
  
1323  
00:49:11,670 --> 00:49:12,510  
伤及这个是羊  
  
1324  
00:49:12,590 --> 00:49:13,270  
羊伤了啊  
  
1325  
00:49:13,590 --> 00:49:15,030  
历劫皇汉出，黄汗出  
  
1326  
00:49:15,030 --> 00:49:15,310  
为啥  
  
1327  
00:49:15,310 --> 00:49:16,030  
因为有湿瘀  
  
1328  
00:49:16,070 --> 00:49:17,710  
咱们之前不是讲过黄汉那事吗  
  
1329  
00:49:17,710 --> 00:49:17,950  
对吧  
  
1330  
00:49:18,310 --> 00:49:18,510  
哎  
  
1331  
00:49:18,510 --> 00:49:21,030  
因为有湿瘀，故曰力竭力竭  
  
1332  
00:49:21,190 --> 00:49:23,110  
其实把它拆开是啥意思  
  
1333  
00:49:23,110 --> 00:49:25,680  
利就是便利的意思啊  
  
1334  
00:49:25,680 --> 00:49:26,720  
就是各个的意思  
  
1335  
00:49:26,960 --> 00:49:28,900  
节呢就是关节啊  
  
1336  
00:49:29,260 --> 00:49:30,420  
各个关节得病  
  
1337  
00:49:30,740 --> 00:49:33,140  
那各关节得病就不是某一个关节的事了吧  
  
1338  
00:49:33,380 --> 00:49:33,940  
那是啥呀  
  
1339  
00:49:33,940 --> 00:49:34,940  
类风湿关节炎嘛  
  
1340  
00:49:34,940 --> 00:49:35,300  
对吧  
  
1341  
00:49:35,880 --> 00:49:37,360  
你今天临床上就是这样啊  
  
1342  
00:49:38,530 --> 00:49:40,130  
那么这是它的一个核心脉证  
  
1343  
00:49:40,650 --> 00:49:41,450  
呃好  
  
1344  
00:49:41,450 --> 00:49:43,730  
我们先下课休息10分钟啊  
  
1345  
00:49:43,810 --> 00:49:45,330  
稍后休息，稍事休息  
  
1346  
00:49:45,330 --> 00:49:46,770  
然后我们接着讲后面的内容